



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.

## **Specific facilities provided for women**

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Doralakatte  
Mangalore - 575 018, Karnataka

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**ATTESTED**  


**Dr. Gangadhara Somayaji K S**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.



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## **a. Safety and Security**

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

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ATTESTED

b

Dr.Gangadhara Somayaji K.S.  
Registrar  
Yengpoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore- 575 018, Karnataka



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25.11.2021

## CERTIFICATE

### 7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.

- Specific facilities provided for women in terms of:
  - a. Safety and security
  - b. Counselling
  - c. Common Rooms

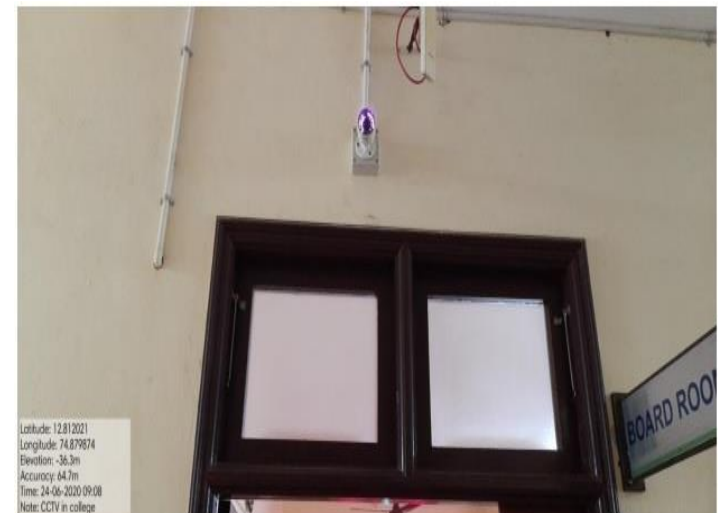
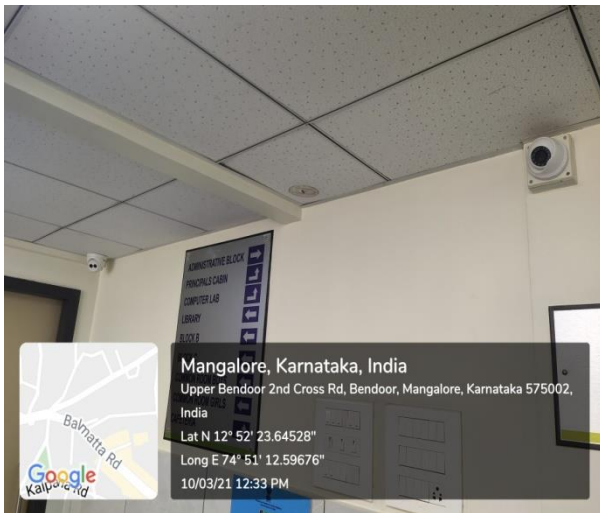
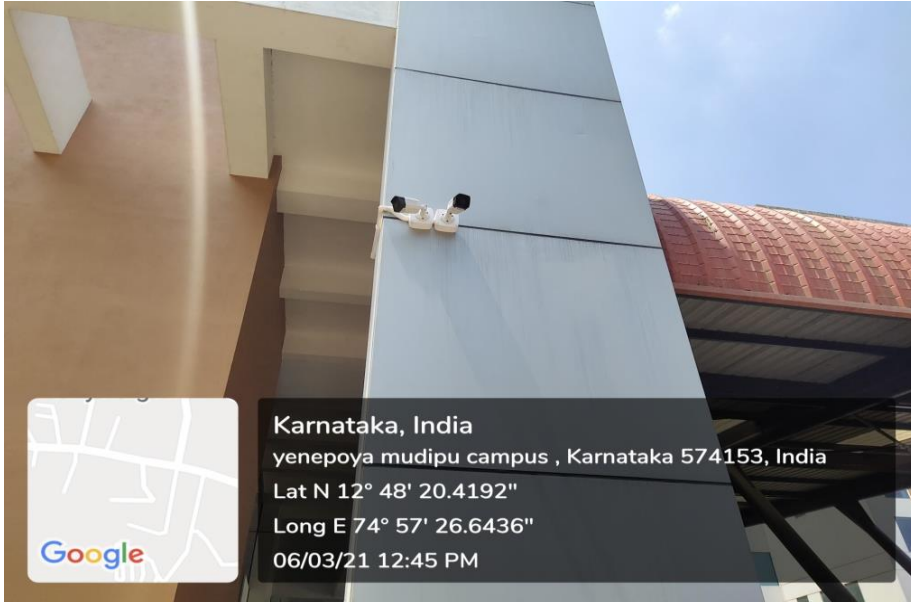
The data furnished by the Yenepoya (Deemed to be University) pertaining to Geo-tagged photographs of the campus facilities from page No. 6 to 59 has been verified.

**ATTESTED**

**Dr. Gangadhara Somayaji K S**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

# SAFETY AND SECURITY

## CCTVs





YENEPOYA

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# SAFETY AND SECURITY

## CCTV Control room



# CCTV Camera List

ATTESTED



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenebaya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka





**YENEPOYA**  
(Deemed to be University)

## Information Technology Department

CCTV network set up throughout the campus, including student hostels, canteens etc. Total of 802 cameras in operation round the clock. A 24 X 7 central monitoring facility is set up to manage the CCTV network.

Sl. No	Blocks	Cameras
1	Yenepoya Medical College and Hospital	141
2	Emergency Department of Medicine	87
3	Yenepoya Dental College	50
4	Yenepoya Medical College	106
5	YU Administration Block	34
6	Yendurance Zone	18
7	YMK Boys Hostel	33
8	Zulekha Girls Hostel	4
9	Gardyenia A Hostel	14
10	Gardyenia B Hostel	6
11	Gardyenia C Hostel	3
12	Yenepoya Technology Incubator	19
13	Main Road	31
14	Nursing College Block	28
15	Examination Section and library	47
16	Meridi-yen Apartments	6
17	Allied health and Basic science college	58
18	Yenepoya Institute of Arts, Science, Commerce and Management, Balmatta	84
19	Yenepoya Ayurveda and Homoeopathic college and hospital, Naringana	33
<b>Total Cameras</b>		<b>802</b>

**RAJESH K. KARKERA**  
Deputy Director

Information and Communications Technology  
Yenepoya (Deemed to be University)  
Deralakatte, Mangalore-575013

**ATTESTED**

**Dr. Gangadhara Somayaji K.S.**  
Registrar  
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Mangalore-575 018, Karnataka



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# SAFETY AND SECURITY

## Security Personnel



**Someshwara, Karnataka, India**  
RV7J+47Q, Someshwara, Karnataka 575022, India  
Lat 12.812716°  
Long 74.880823°  
15/11/21 08:49 AM



**Ullal, Karnataka, India**  
Deralkatte, Belma Village, Someshwara, Karnataka 575022, India  
Lat 12.812079°  
Long 74.881763°  
15/11/21 08:54 AM



**Karnataka, India**  
yeneponya mudipu campus , Karnataka 574153, India  
Lat N 12° 48' 20.4516"  
Long E 74° 57' 29.322"  
06/03/21 01:21 PM



**Karnataka, India**  
yeneponya mudipu campus , Karnataka 574153, India  
Lat N 12° 48' 20.4192"  
Long E 74° 57' 26.6436"  
06/03/21 12:44 PM



**Ullal, Karnataka, India**  
yeneponya university, Belma Village, Someshwara, Karnataka 575022, India  
Lat N 12° 48' 42.6348"  
Long E 74° 52' 52.8348"  
10/03/21 09:56 AM

# Security Personnel List

**ATTESTED**



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka



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**YENEPOYA (DEEMED TO BE UNIVERSITY)**

**NOMINAL ROLL OF SECURITY PERSONNEL**

Sl No	Name	Campus ID No	Post
01	Pramod Kumar	912	YU Main Gate
02	Lingappa Bangera	911	Security Inside Campus
03	Shekar Shetty	915	YMCH Main Gate
04	Ramesh Shetty	908	Security Inside Campus
05	Nagraj	909	YMCH Entrance
06	Devappa	1373	Security Inside Campus
07	Vijaya Kumar	1347	YU Main Gate
08	Jagadish	1353	Admin Block
09	Janardanghatty	1360	Academic Block
10	Jayakumar	3896	Check post
11	Sanjeev Poojary	916	Fathima Hostel
12	Durganath	2526	Ladies Hostel Back side Gate
13	Bhaskar Amin	1361	Sports Complex
14	Ratnagar Ghatty	1351	YMK Boys Hostel
15	Ravidas	1386	Food Craft
16	Shivraj	4676	Food Craft
17	Gopala M	2355	Gardyenia Main Gate
18	Harish Poojari	919	Gardyenia 'A' Block
19	Vinod Kumar	5079	Meridiyen
20	Suresh Malli	1393	Nursing Hostel
21	Krishna	1381	Zulekha Bhawan

*Dr. Somayaji*  
Registrar  
YENEPOYA  
(Deemed to be University)

**ATTESTED**  
*Dr. Gangadhara Somayaji K.S.*  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka



YENEPOYA

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22	Naveen Kotian	2179	Hasan Chamber Hostel
23	Ummer Kunhi	4789	YMCH Main Gate
24	Manmohan	903	Casualty
25	Suresh BR	2077	Casualty
26	Ravi B	3528	Outside Veh Parking
27	Ganesh A	2754	2 <sup>nd</sup> Floor Covid
28	Ashok	2278	2 <sup>nd</sup> Floor MICU
29	Rukmaya Poojari	1796	2 <sup>ND</sup> Floor ICU
30	Chandra Shekara	4977	1 <sup>ST</sup> Floor
31	Ramesh Salian	3717	-2 Floor
32	A Mocsa	906	Aysha I
33	Shekara	5217	YMCH
34	Jayaram Malli	2914	6 <sup>th</sup> Floor
35	Ramanuj Mishra	2844	Silver Sand
36	Rajeswari	4328	5 <sup>th</sup> Floor
37	Shalini	1349	7 <sup>th</sup> Floor
38	Nalini	5842	3 <sup>rd</sup> Floor
39	Dharmini	5188	3 <sup>rd</sup> Floor OBG
40	Bhakti Prabha	4513	Library
41	Sumanna Kumari	5432	Gardyenia 'C' Block
42	Parameswara K	1362	Gardyenia 'A' Block
43	Sukumar Alva	1383	YMCH Main Gate

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepeya (Deemed to be University)  
University Road, Deratakatte  
Mangalore - 575 018, Karnataka

Registrar  
YENEPOYA  
(Deemed to be University)



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-2-

Ser No	Name	Campus ID No	Post
44	Viswanatha	2573	Aysha 2 Hostel
45	Iswar Poojari	1376	YMCH
46	DK Pandey	1366	Covid OPD
47	Ravindra	FC	Hasan Chamber Hostel
48	Anwar	3138	-2 Floor
49	Girish Bangera	2635	2 <sup>nd</sup> Floor MICU
50	Anand B	2370	2 <sup>nd</sup> Floor Covid
51	Sakunthala	4296	3 <sup>rd</sup> Floor
52	Mohinuddin	1374	4 <sup>th</sup> Floor
53	Jayanti D Shetty	2572	5 <sup>th</sup> Floor
54	Malini	3170	Zulekha Hostel
55	UM Ibrahim	2107	Fathima Hostel
56	Sreedhara	1460	Outside Parking
57	Jayaprakash	3015	-2 Parking
58	Ravishankar Nayak	2574	Library
59	Anand P	2165	Check Post
60	Bhaskar Salian	1357	Aysha 1 Hostel
61	Parmeswara G	1380	YMK Boys Hostel
62	MK Ganesh	1464	Sports Complex
63	Dinakar	3290	Ladies Hostel Backside Gate
64	Sadashiva	1171	Food Craft
65	Saveera D Souza	4291	Food Craft

*kes somayaji*  
Registrar  
YENEPOYA  
(Deemed to be University)

ATTESTED

Dr. Gangadhara Somayaji K.S.  
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University Road, Deralakatte  
Mangalore - 575 018, Karnataka



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66	Harish Bhandary	3755	Gardyenia Main Gate
67	Veena BK	5859	Gardyenia 'C' Block
68	Vittal Kulal	1746	Meridiyen
69	Alwin D Souza	3049	Zulekha Bhawan
70	Bhaskar Kottary	910	YMCH Main Gate
71	Chandra Kala	4374	3 <sup>rd</sup> Floor
72	Dombayya	1352	Casualty
73	Devadas	5056	YMCH Main Gate
74	Lingappa Bangera	2886	Nursing Hostel
75	Avinash Karkada	4065	YMCH Entrance Gate
76	Ravindra Kulal	1809	Admin Block
77	Suresh Poojary	1384	YMCH Entrance Gate
78	Vinay Chandra	FC	5 <sup>th</sup> Floor
79	Satish Salian	1459	-1 Floor
80	Shalini K	2234	Gardyenia 'A' Block
81	Kishore Kumar	Outsource	YMCH, Main Entrance
82	Premnath	Outsource	University Main Gate
83	Ibrahim Kaleel	Outsource	YMCH, EMD Ground Floor
84	Sreedharan	5841	Security Supervisor

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Dr. Gangadhara Somayaji K.S.  
Registrar  
YenePOYA (Deemed to be University)  
University Road, Dorakatte  
Mangalore - 575 018, Karnataka

Registrar  
YENEPOYA  
(Deemed to be University)



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-3-

Ser No	Name	Campus ID No	Post
85	Sudhakaran	Contract	Security Supervisor
86	Tulan Bhorua	Outsource	YMCH Entrance Gate
87	Bitpun Gogi	Outsource	Casualty
88	Pokul Nayak	Contract	1 <sup>st</sup> Floor Psychiatry
89	Martin MT	Outsource	2 <sup>nd</sup> Floor Covid
90	Padmeshwar K	Outsource	YMCH Main Gate
91	Madhavadas	Outsource	-1 Entrance
92	Ashok S	Outsource	6 <sup>th</sup> Floor
93	Prasanth Jena	Outsource	YMCH Entrance Gate
94	Mahesh	Outsource	YMCH Main Gate
95	Gopala	Outsource	Aysha 2
96	Santosh Patel	Outsource	YMCH Entrance Gate
97	Karthik	Outsource	Silver Sand
98	J Manoj	Outsource	1 <sup>st</sup> Floor Psychiatry
99	Gunakar	Outsource	1 <sup>st</sup> Floor
100	Gohin Hondique	Outsource	6 <sup>th</sup> Floor ICU
101	Padam Singh	Outsource	7 <sup>th</sup> Floor
102	Sasikant	Outsource	-1 Floor
103	Pawan Bora	Outsource	8 <sup>th</sup> Floor
104	Sumesh Kumar	Outsource	YMCH, -2 Floor
105	Arun	Outsource	YMCH, 5 <sup>th</sup> Floor
106	Ajit	Outsource	YMCH, Covid OPD

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoaya (Deemed to be University)  
University Road, Derlakatte  
Mangalore - 575 018, Karnataka

Registrar  
YENEPOYA  
(Deemed to be University)



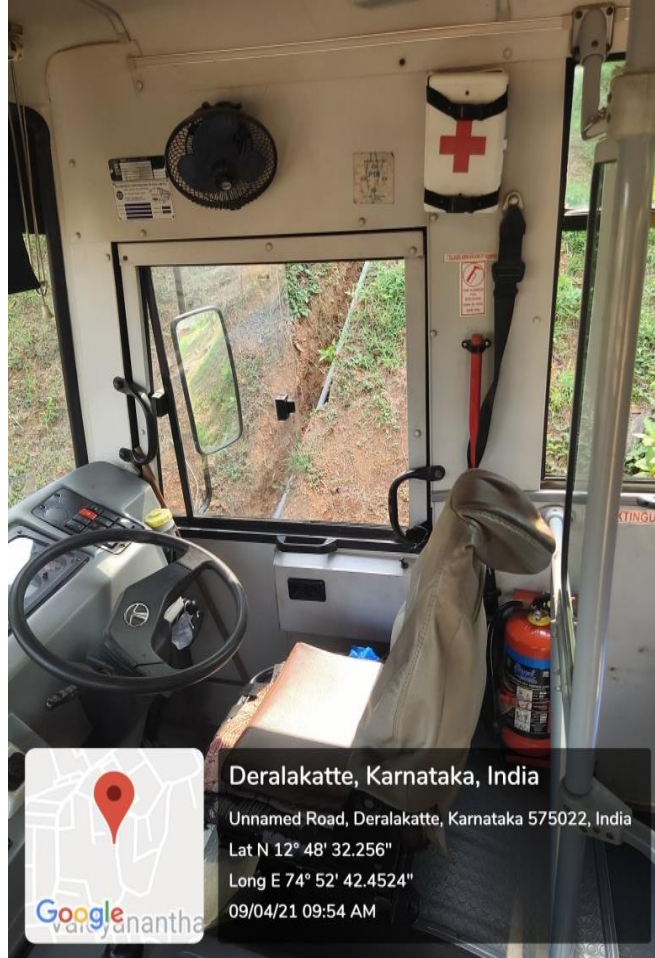
# SAFETY AND SECURITY

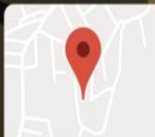
## Lockers for staffs and students in respective colleges



# SAFETY AND SECURITY

## First aid kits



 Deralakatte, Karnataka, India  
 Unnamed Road, Deralakatte, Karnataka 575022, India  
 Lat N 12° 48' 30.7908"  
 Long E 74° 52' 43.572"  
 09/04/21 09:49 AM

 Deralakatte, Karnataka, India  
 Unnamed Road, Deralakatte, Karnataka 575022, India  
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 Long E 74° 52' 42.4524"  
 09/04/21 09:54 AM

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 Unnamed Road, Deralakatte, Karnataka 575022, India  
 Lat N 12° 48' 30.7188"  
 Long E 74° 52' 43.6512"  
 09/04/21 09:49 AM

# SAFETY AND SECURITY

## Lost and Found





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# SAFETY AND SECURITY

## Separate bus facility for girls and boys





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# SAFETY AND SECURITY

## Night bus facility for girls from library to hostel



# SAFETY AND SECURITY

**Separate seating arrangement for boys and girls in the classroom**



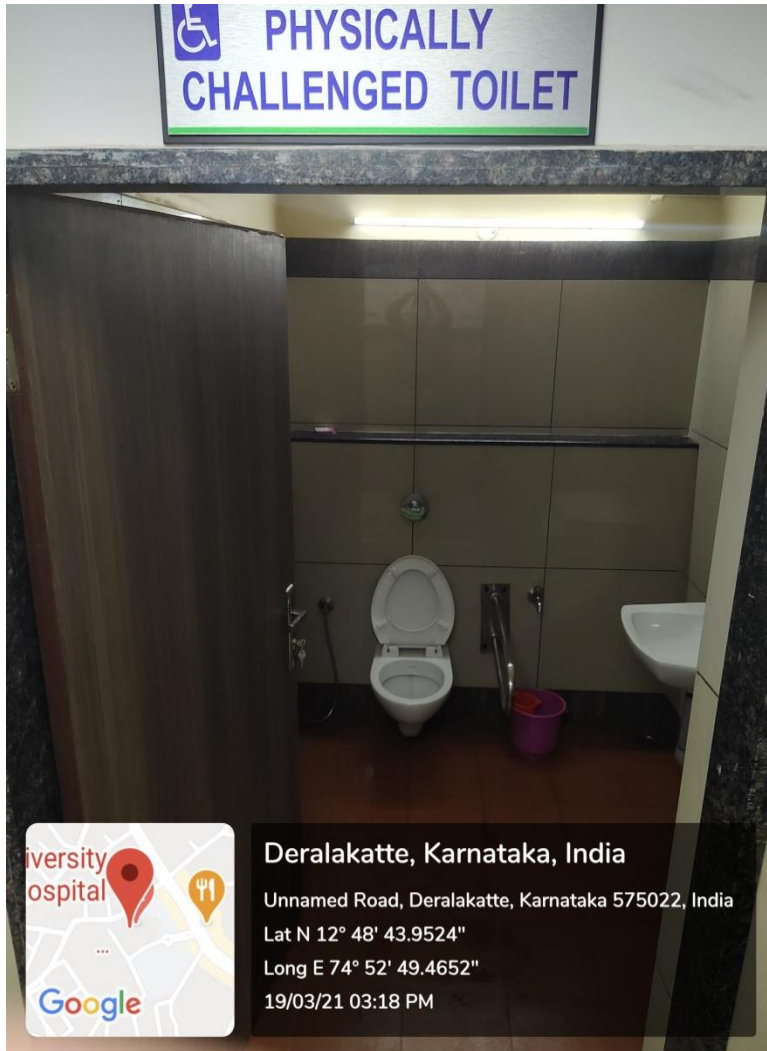
# SAFETY AND SECURITY

## Separate sick room for girls



# SAFETY AND SECURITY

## Separate Wash Rooms for boys, girls and disabled persons







YENEPOYA

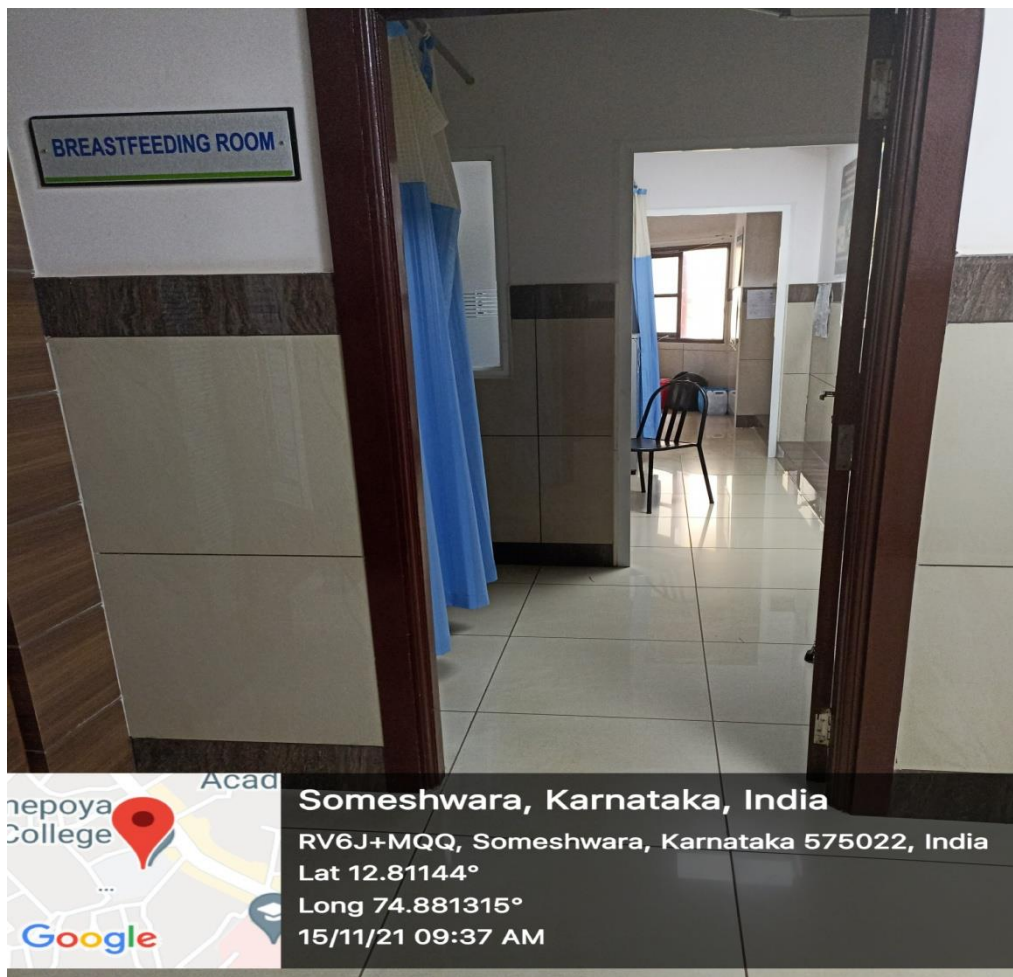
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# SAFETY AND SECURITY

## Breast Feeding Room



# SAFETY AND SECURITY

## Visitor and Attendant gate pass

Date : \_\_\_\_\_

**Yenepoya Medical College Hospital**  
Deralakatte, Mangaluru.

**ATTENDANT PASS 12036**

Patient Name : .....

I.P Hospital No. : .....

Counter No. : .....

D. O. A. : .....

Ward : .....

Attendant Name / Sign \_\_\_\_\_ Authorized Signatory \_\_\_\_\_

**INSTRUCTIONS**

1. This pass is valid for one person only
2. This pass shall be returned on discharge

**VISITING TIMES**

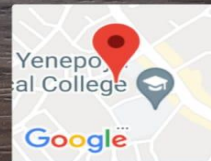
Wards	I.C.U.
6.30 A.M. to 7.30 A.M.	6.30 A.M. to 7.00 A.M.
12.30 P.M. to 1.30 P.M.	12.30 P.M. to 1.00 P.M.
04.30 P.M. to 6.30 P.M.	4.30 P.M. to 5.00 P.M.

GPS Map Camera



Someshwara, Karnataka, India  
RV7J+23M, Someshwara, Karnataka 575022, India  
Lat 12.812262°  
Long 74.880538°  
11/11/21 09:56 AM

GPS Map Camera



Someshwara, Karnataka, India  
RV7J+23M, Someshwara, Karnataka 575022, India  
Lat 12.812282°  
Long 74.880538°  
11/11/21 09:58 AM



YENEPOYA

(DEEMED TO BE UNIVERSITY)

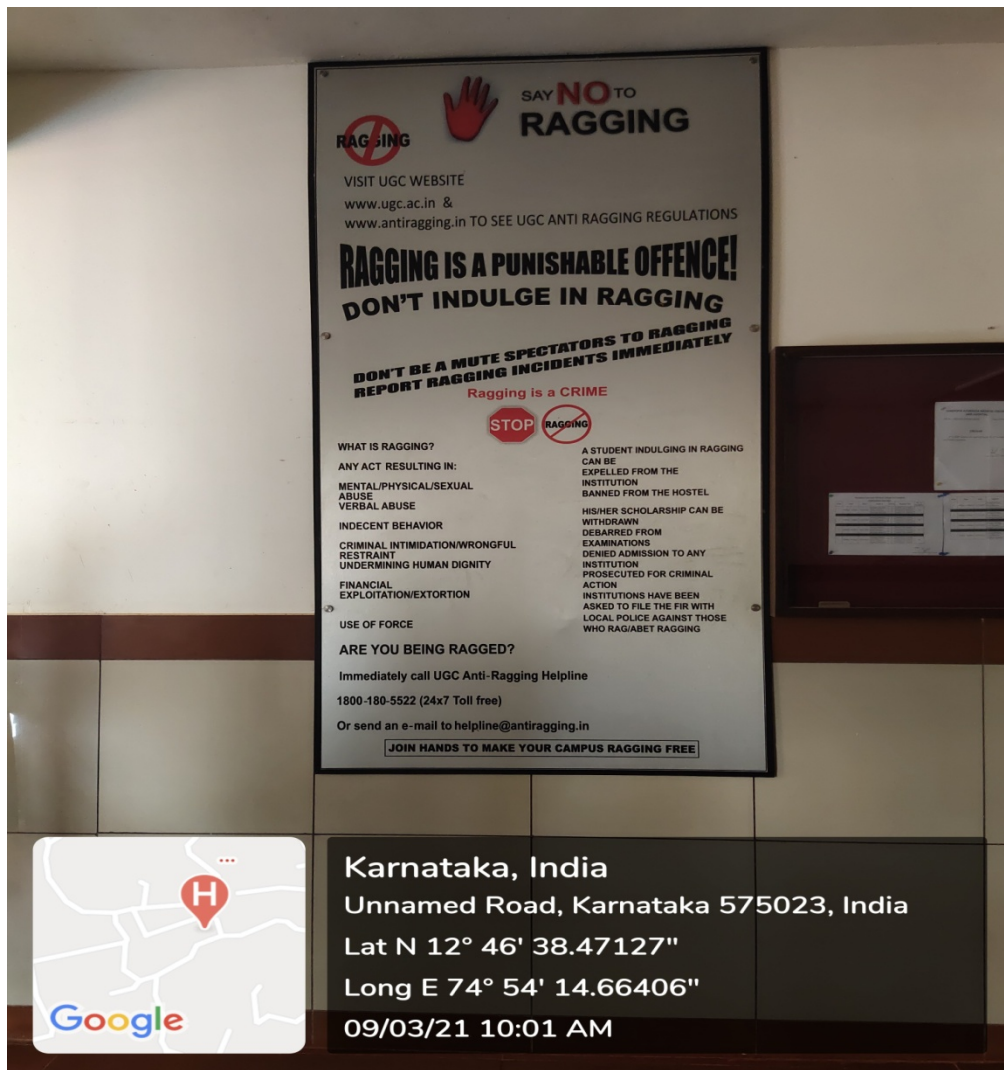
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# SAFETY AND SECURITY

## Anti ragging posters



naringana, Karnataka, India  
 Unnamed Road, Karnataka 574199, India  
 Lat N 12° 46' 39.486"  
 Long E 74° 54' 16.0704"  
 09/04/21 01:01 PM



Karnataka, India  
 Unnamed Road, Karnataka 575023, India  
 Lat N 12° 46' 38.47127"  
 Long E 74° 54' 14.66406"  
 09/03/21 10:01 AM



Deralakatte, Karnataka, India  
 Unnamed Road, Deralakatte, Karnataka 575022, India  
 Lat N 12° 48' 43.1928"  
 Long E 74° 52' 47.3304"  
 10/04/21 11:11 AM



**YENEPOYA**

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**Night duty rotation of  
faculty from constituent  
units for safety of  
students within campus**

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoys (Deemed to be University)  
University Road, Deratekatte  
Mangalore - 575 018, Karnataka

YU/REG/ACA/Anti-Rag/2020-21

29.01.2021

**OFFICE ORDER**


Sub: Ragging Prevention Measures – Anti Ragging Monitoring Cell

\*\*\*\*\*

The following teaching staffs are appointed as night vigil squads to Men's & Ladies hostel shown against their names with effect from 01.02.2021 to 30.04.2021. They shall visit the hostels and report any matter of concern to the authorities.

Men's Hostel		01.02.2021 to 28.02.2021	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Mr. Vashist, Assistant Professor Yenepeya Faculty of Allied and Health Care Professionals	8698988934
2.	Tuesdays	Dr. Ashwini Harekal, Lecturer Dept. Oral & Maxillofacial Surgery, YDC	9900323238
3.	Wednesdays	Mr. Chandrakanth, Assistant Professor Yenepeya Faculty of Allied and Health Care Professionals	8500383414
4.	Thursdays	Dr. Imaad Mohammed Ismail, Associate Professor Dept. Community Medicine, YMC	9986393030
5.	Fridays	Dr. Tariq Ahmed Shah, Tutor Dept. of Microbiology, YMC	7006034166
6.	Saturdays	Mr. Salman Sabir, Assistant Professor Yenepeya Faculty of Allied and Health Care Professionals	9447776836
7.	Sundays	Dr. Sajjad Ahmed Buch, Lecturer, Dept. of Oral Medicine & Radiology, YDC	9419404114


Ladies Hostel		01.02.2021 to 28.02.2021	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Bhagyashree, Assistant Professor Dept. of Pharmacology, YMC	8971957811
2.	Tuesdays	Dr. Shaheen Banu Shaikh, Associate Professor Dept. of Biochemistry, YMC	9663165942
3.	Wednesdays	Dr. Renuka Patil, Tutor Dept. of Pathology, YMC	8197428535
4.	Thursdays	Ms. Rakshitha, Assistant Professor Yenepeya Faculty of Allied and Health Care Professionals	9108887186
5.	Fridays	Ms. Amita, Assistant Professor Yenepeya Faculty of Allied and Health Care Professionals	7821935027
6.	Saturdays	Ms. Reeti Rastogi, Lecturer Yenepeya Faculty of Allied and Health Care Professionals	9633061531
7.	Sundays	Mrs. Mudasir Rashid Baba, Assistant Professor, YPC	7899466841

  
 Dr. Ganga Dera Somayaji K.S.  
 Registrar  
 Yenepeya (Deemed to be University)  
 University Road, Deralakatte  
 Mangalore - 575 018, Karnataka

Men's Hostel		01.03.2021 to 31.03.2021	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Amar Sunil Lobo, Assistant Professor Dept. of Microbiology, YMC	9483622161
2.	Tuesdays	Dr. H. Harikishore Bhat, Reader Dept. of Oral & Maxillofacial Surgery, YDC	9632959390
3.	Wednesdays	Dr. Mohammed Rafeeq, Lecturer Dept. of Oral & Maxillofacial Surgery, YDC	9108930298
4.	Thursdays	Mr. Sreekanth P S., Lecturer, YNC	9916414745
5.	Fridays	Mr. Sajjad A R Ebrahim, Assistant Professor, YNC	9995397816
6.	Saturdays	Dr. Sunil S. Menghani Associate Professor, YPC & RC	8943953504/ 8793320706
7.	Sundays	Mr. Abdul Rahmanulla Assistant Professor, YPC & RC	7259677642

Ladies Hostel		01.03.2021 to 31.03.2021	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Preethishree P. Assistant Professor Dept. of Microbiology, YMC	9449647996
2.	Tuesdays	Dr. Varsha Haridas Upadya, Lecturer, Dept. of Oral & Maxillofacial Surgery, YDC	9740536292
3.	Wednesdays	Dr. Jeslee Ann Jose, Lecturer Dept. of Conservative Dentistry, YDC	9847056200
4.	Thursdays	Ms. Neetha Lecturer, YNC	9964051745
5.	Fridays	Mrs. Mariyamath Arifa Assistant Professor, YPC	8123111672
6.	Saturdays	Mrs. Nigath Fathima Assistant Professor, YPC	7406225106
7.	Sundays	Ms. Christy, Lecturer Yenepoya Faculty of Allied and Health Care Professionals	8281219391

Men's Hostel		01.04.2021 to 30.04.2021	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Mr. Melvin Jacob Lecturer, YNC	9886665264
2.	Tuesdays	Dr. Shobith Bangera, Associate Professor Dept. of Physiology, YMC	9902452057
3.	Wednesdays	Dr. Sayyed Mohammed Miqdad, Tutor Dept. of Oral Pathology, YDC	9036778901
4.	Thursdays	Dr. Imran Pasha, Lecturer Dept. of Public Health Dentistry, YDC	9844215889
5.	Fridays	Dr. Aravind Motagi, Tutor Dept. of Microbiology, YMC	6263831193
6.	Saturdays	Mr. Anwar A.S, Lecturer Dept. of Physiology, YMC	9008385666
7.	Sundays	Mr. Khaja Mohinuddeen Assistant Professor, YPC	7411726785

**ATTESTED**  
  
 Dr. Gangadhara Somavaji K.S.  
 Registrar  
 Yenepoya (Deemed to be University)  
 University Road, Derlakatte  
 Mangalore - 575 018, Karnataka

Ladies Hostel		01.04.2021 to 30.04.2021	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Sathya Anandam, Assistant Professor Dept. of Microbiology, YMC	9449104182
2.	Tuesdays	Mrs. Tejashwini Padua A Kallan Lecturer, YNC	8606732194
3.	Wednesdays	Dr. Anu Babu, Lecturer Dept. of Oral Medicine & Radiology, YDC	9884413747
4.	Thursdays	Dr. Umme Amara, Lecturer, Dept. of Oral Medicine & Radiology	9035567215
5.	Fridays	Dr. Sumayyath T Assistant Professor, YPC& RC	9947348149
6.	Saturdays	Dr. Mahalaxmi S Pettimani, Assistant Professor Dept. of Biochemistry, YMC	9036560538
7.	Sundays	Dr. Supriya P. Assistant Professor Dept. of Pathology, YMC	9663642740

**NOTE:**

1. The Coordinators of Men's Hostel are requested to visit YMK Men's Hostel & Hasan Chambers in front of the main gate.
2. The Transport Superintendent shall provide vehicle to the Faculty for picking up and dropping back for the hostel visit.
3. All the above Faculty members are advised to contact the Supdt. (Transport) (with their address on the days of the visit (**during working hours only**)).
4. Night visit to the hostel is mandatory and failure to do the duty will be construed as dereliction of allotted duty.
5. Change of duty shall not be entertained for any reason.

  
REGISTRAR

**TO:**

- All the Principals – with a request to circulate among the Faculty

**Copy to:**

- Office of the Vice Chancellor
- Student Welfare Officer/Hostel Wardens - Boys & Girls Hostel
- Superintendent (Transport)
- File copy

  
ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Derlakatte  
Mangalore - 575 018, Karnataka

YU/REG/ACA/Anti-Rag/2019

27.07.2019

**OFFICE ORDER**

Sub: Ragging Prevention Measures – Anti Ragging Monitoring Cell

\*\*\*\*\*

The following teaching staff shall visit the hostels at nights on the days of shown against their names with effect from 01.08.2019 to 30.10.2019. They will go round the hostel and if they find anything unusual, the matter may be reported to the authorities.

Men's Hostel		01.08.2019 to 31.08.2019	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Mr. Hemanth P, Lecturer, Renal Dialysis Technology	8884831994
2.	Tuesdays	Dr.Mohammed Zahid, Lecturer, Prosthodontics	9986321112
3.	Wednesdays	Mr. Ananda S, Asst. Professor, YNC	7348944424
4.	Thursdays	Mr. Khaja Mohinudeen, Asst. Professor, YPC	7411726785
5.	Fridays	Mr. Mahammad Shahid, Lecturer, Yenepoya Degree College	9844488510
6.	Saturdays	Dr. Imaad Mohammed Ismail, Assoc. Professor, Community Medicine	9986393030
7.	Sundays	Mr. Abdul Rahamanulla, Asst. Professor, Pharmacy College	7259677642

Ladies Hostel		01.08.2019 to 31.08.2019	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Shubha Sudhakar, Asst. Professor, Pathology	9901318943
2.	Tuesdays	Dr. Nandita Hegde, MDS, Tutor, Pedodontics	9741115716
3.	Wednesdays	Ms. Pavithra K, Lecturer, YNC	8722095948
4.	Thursdays	Ms. Nigat Fathima, Asst. Professor, YPC	7406225106
5.	Fridays	Ms. Pratheeksha, Lecturer, Yenepoya Degree College	9035049384
6.	Saturdays	Dr. Mobeen Shaik, Assoc Professor, Pharmacy College	7893154858
7.	Sundays	Ms. Liba Sara, Lecturer, Optometry Unit	9048092074

**ATTESTED**

  
 Dr. Gangadhara Somayaji K.S.  
 Registrar  
 Yenepoya (Deemed to be University)  
 University Road, Deralakatte  
 Mangalore - 575 018, Karnataka



Men's Hostel		01.09.2019 to 30.09.2019	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Mr. Shashikumar Jawadagi, YNC	9900777737
2.	Tuesdays	Dr. Guruprasad, Asst. Professor, Pharmacology	9620728930
3.	Wednesdays	Mr Sajjad A.R Ebrahim, Asst. Professor, YPC	9995397816
4.	Thursdays	Dr. Adarsh D Raj, Asst. Professor, Dept. of Panchakarma	9742329858
5.	Fridays	Dr. Amar Sunil Lobo, Asst. Professor, Microbiology	9483622161
6.	Saturdays	Mr. Mohammed Asif Iqbal C, Asst. Professor, Pharmacy College	9916676690
7.	Sundays	Dr. H. Harikishore Bhat, Reader, Oral & Maxillofacial Surgery	9632959390

Ladies Hostel		01.09.2019 to 30.09.2019	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Mrs. Anju Ullas, Lecturer, YNC	7899266459
2.	Tuesdays	Dr. Sathya Anandam Asst. Professor, Microbiology	9449104182
3.	Wednesdays	Mrs. Mariyamath Arifa, Asst. Professor, YPC	8123111672
4.	Thursdays	Dr. Priyadarshini, Assoc. Professor, Dept. of Rasashastra and Bhaishajya Kalpana	8550015852
5.	Fridays	Dr. Sridevi Tutor, Pharmacology	9739865626
6.	Saturdays	Ms. Sanjana A, Asst. Professor, Pharmacy College	9483371165
7.	Sundays	Dr. Varsha Haridas Upadya, Lecturer, Oral & Maxillofacial Surgery	9740536292

Men's Hostel		01.10.2019 to 30.11.2019	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Gautham Kamble, Asst. Professor, Anatomy	9620966457
2.	Tuesdays	Mr. Kevin, Lecturer, Physiology	9739462893
3.	Wednesdays	Mr. Shemjaz Arakkal Maniyat, Asst. Professor, YPC	7204896962
4.	Thursdays	Mr. Narayana Sukumara, Lecturer Yenepoya Degree College	9738863045
5.	Fridays	Dr. Fahad Mohammed, Lecturer, Prosthodontics	9986678790
6.	Saturdays	Dr. Sayyed Mohammed Miqdad, Tutor, Oral Pathology	9036778901
7.	Sundays	Dr. Imran Pasha, Lecturer, Public Health Dentistry	9844215889

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
Dr. Veroli Road, Deralakatte  
Mangalore - 575 018, Karnataka

Ladies Hostel		01.10.2019 to 30.10.2019	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Pallavi Sabarad, Lecturer, Oral Pathology	9730622902
2.	Tuesdays	Dr. Saiqa R Shah Asst. Professor, Biochemistry	7411510678
3.	Wednesdays	Ms. Sahana, Lecturer, Yenepoya Degree College	9164938346
4.	Thursdays	Dr. Dona Thomas, Yenepoya Homeopathy College	9964843082
5.	Fridays	Dr. Nawashree, Tutor, Pharmacology	9930845319
6.	Saturdays	Mrs. Mudasir Rashid Baba, Asst. Professor, YPC	7899466841
7.	Sundays	Dr. Umme Amara, Lecturer, Oral Medicine & Radiology	9035567215

**NOTE:**

1. The Coordinators of Men's Hostel are requested to visit YMK Men's Hostel & Hasan Chambers in front of the main gate.
2. The Transport Superintendent shall provide vehicle to the Faculty for picking up and dropping back for the hostel visit.
3. All the above Faculty members are advised to contact the Supdt. (Transport) (with their address on the days of the visit (during working hours only)).
4. Night visit to the hostel is mandatory and failure to do the duty will be construed as dereliction of allotted duty.
5. Change of duty shall not be entertained for any reason

*W. Somayaji*  
REGISTRAR

27/2

TO:

- All the Principals – with a request to circulate among the Faculty

Copy to:

- Office of the Vice Chancellor
- Student Welfare Officer/Hostel Wardens - Boys & Girls Hostel
- Superintendent (Transport)
- Academic Section

ATTESTED  
*W. Somayaji*

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

YU/REG/ACA/Anti-Rag/2018

31.07.2018

**OFFICE ORDER**

Sub: Ragging Prevention Measures – Anti Ragging Monitoring Cell

\*\*\*\*\*

The following teaching staff shall visit the hostels at nights on the days of shown against their names with effect from 01.08.2018 to 01.11.2018. They will go round the hostel and if they find anything uncommon, the matter may be reported to the authorities.

Men's Hostel		01.08.2018 to 01.09.2018	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Sateesh K. Malkappa, Associate Professor, Microbiology, YMC	9885962543
2.	Tuesdays	Dr. Vinaya Krishna, Reader, Oral & Maxillofacial Surgery, YDC	9535625002
3.	Wednesdays	Mr. Anwar A.S., Lecturer, Physiology, YMC	9008385666
4.	Thursdays	Dr. Mallikarjuna D.M., Lecturer, Prosthodontics, YDC	9742098017
5.	Fridays	Dr. Faizan Ahmed Khan, Lecturer, Orthodontics, YDC	9901658407
6.	Saturdays	Dr. Tariq Ahmad Shah, Tutor, Microbiology, YMC	7006034166
7.	Sundays	Mr. Shemjaz Arakkal Maniyat, Asst. Professor, YPC	7204896962

Ladies Hostel		01.08.2018 to 01.09.2018	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Nisha T.G, Asst. Professor, Pathology, YMC	8884873632
2.	Tuesdays	Mrs. Mudasir Rashid Baba, Asst. Professor, YPC	7899466841
3.	Wednesdays	Dr. Supriya P., Asst. Professor, Pathology, YMC	9663642740
4.	Thursdays	Dr. Shaheena A.P, Asst. Professor, Biochemistry, YMC	9591170967
5.	Fridays	Ms. Sanjana A, Asst. Professor, Pharmacy College	9483371165
6.	Saturdays	Ms. Pavithra K, Asst. Professor, YNC	8722095948
7.	Sundays	Dr. Greeshma B. Kotlan, Asst. Professor, Biochemistry, YMC	9980807978

**ATTESTED**

  
 Dr. Ganagadara Semayaji K.S.  
 Registrar  
 Yenebaya (Deemed to Be University)  
 University Road, Deralakatte  
 Mangalore - 575 018, Karnataka

Men's Hostel		02.09.2018 to 02.10.2018	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. H. Harikishore Bhat, Reader, Oral & Maxillofacial Surgery, YDC	9632959390
2.	Tuesdays	Dr. Gautham Kamble, Asst. Professor, Anatomy, YMC	9620966457
3.	Wednesdays	Dr. Sayyed Mohammed Miqdad, Tutor, Oral Pathology, YDC	9036778901
4.	Thursdays	Dr. Mallikarjuna R., Lecturer, Prosthodontics, YDC	7676708707
5.	Fridays	Dr. Santhosh K. Yatnatti, Asst. Professor, Community Medicine, YMC	9480276111
6.	Saturdays	Dr. Shafees Koya, Lecturer, Orthodontics, YDC	9008998642
7.	Sundays	Mr Sajjad A.R Ebrahim, Asst. Professor, YPC	9900410821

Ladies Hostel		02.09.2018 to 02.10.2018	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Dr. Varsha Haridas Upadya, Lecturer, Oral & Maxillofacial Surgery, YDC	9740536292
2.	Tuesdays	Dr. Jenny Mary Mathew, Lecturer, Orthodontics, YDC	8951004286
3.	Wednesdays	Dr. Navya N, Asst. Professor, Community Medicine, YDC	9449751235
4.	Thursdays	Dr. Pallavi Sabarad, Lecturer, Oral Pathology YDC	9730622902
5.	Fridays	Dr. Nishi Jayasheelan P. Lecturer, Conservative Dentistry YDC	9845487434
6.	Saturdays	Ms. Santoshi Nalk, Asst. Professor, Pharmacy	8095014875
7.	Sundays	Ms. Nidhina Paul, Asst. Professor, YNC	9148735547

Men's Hostel		03.10.2018 to 03.11.2018	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Mr. Ananda S, Asst. Professor, YNC	7348944424
2.	Tuesdays	Mr. Shaik Rasheed, Lecturer YPC	9964073600
3.	Wednesdays	Mr. Sunil S Menghani, Asst. Professor Pharmacy	8793320706 8943953504
4.	Thursdays	Dr. Haseeb P.V Tutor, Oral & Maxillofacial Surgery, YDC	8147327623
5.	Fridays	Dr. Nagapati Prabhakar Bhat, Assistant	9480710120

ATTESTED

Dr. Gangadhara Somayaji K S  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Geratkalahalli  
Mangalore - 575 018, Karnataka

		Professor, Pharmacology	
6.	Saturdays	Mr. Amruth H, Lecturer, Public Health, YMC	9742085054
7.	Sundays	Mr. Khaja Mohinuddeen K.P, Asst. Professor, YPC	7411726785

Ladies Hostel		03.10.2018 to 03.11.2018	
Sl. No	Visiting Day	Name of the staff	Contact No
1.	Mondays	Ms. Amisha S Amin, Lecturer YNC	7019831963
2.	Tuesdays	Ms. Vinitha D'souza, Lecturer YNC	8762490451
3.	Wednesdays	Mrs. Nigath Fathima, Asst. Professor YPC	7406225106
4.	Thursdays	Ms Santoshi Naik, Asst. Professor, Pharmacy	8095014875
5.	Fridays	Dr. Preethishree P Asst. Professor, Microbiology, YMC	9449647996
6.	Saturdays	Ms. Umae Sadiya, Asst. Professor, YPC	7406073039
7.	Sundays	Dr. Renuka Patil, Tutor, Pathology, YMC	8197428535

**NOTE:**

1. The Transport Superintendent shall provide vehicle to the Faculty for picking up and dropping back for the hostel visit.
2. All the above Faculty members are advised to contact the Supdt. (Transport) (with their address on the days of the visit (**during working hours only**)).
3. Night visit to the hostel is mandatory and failure to do the duty will be construed as dereliction of allotted duty.
4. Change of duty shall not be entertained for any reason

(Dr. G. Shreekumar Menon)  
REGISTRAR

**TO:**

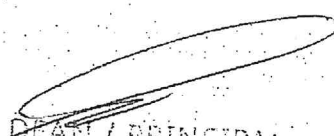
- All the Principals – with a request to circulate among the Faculty

**Copy to:**

- Office of the Vice Chancellor
- Director-(F)
- Student Welfare Officers /Hostel Wardens - Boys & Girls Hostel
- Superintendent (Transport)
- Academic Section

**ATTESTED**

  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangaluru - 575 018, Karnataka

  
DEAN / PRINCIPAL  
Yenepoya Dental College  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangaluru-575018



YU/REG/ACA/Anti-Rag/2017

University Road,  
Deralakatte  
Mangalore - 575018  
Ph: 0824-2203943  
Fax 0824-2203943  
05.09.2017

**OFFICE ORDER**

Sub: Ragging Prevention Measures – Anti Ragging Monitoring Cell

\*\*\*\*\*

The following teaching staff shall visit the hostels at nights on the days shown against their names with effect from 07.09.2017 to 06.12.2017. They will go round the hostel and if they find anything uncommon, the matter may be reported to the authorities.

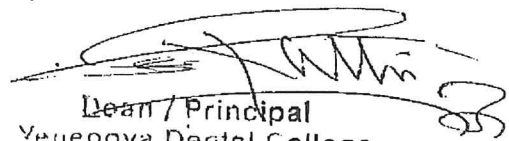
Men's Hostel		07.09.2017 to 06.10.2017	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Vivian Flourish D Costa, Lecturer, Conservative Dentistry, YDC	9844512336
2.	Tuesdays	Dr. Imran Pasha, Lecturer, Public Health Dentistry, YDC	9844215889
3.	Wednesdays	Mr. Shaik Rasheed, Lecturer, YPC	9964073600
4.	Thursdays	Dr. Sateesh K Malkappa, Assistant Professor, Microbiology, YMC	9885962513
5.	Fridays	Dr. Subhan Ali R, Assistant Professor, Pathology, YMC	9449026828
6.	Saturdays	Dr. Haseeb, Tutor, Public Health Dentistry, YDC	8147327623
7.	Sundays	Dr. Shyamliith Manikkoth, Associate Professor, Pharmacology, YMC	9480361961

Ladies' Hostel		07.09.2017 to 06.10.2017	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Mrs. Malathi K, Lecturer –YNC	9743703320
2.	Tuesdays	Dr. Shrivya Saloni Mahaveeran, Lecturer, Pedodontics, YDC	8861107777
3.	Wednesdays	Mrs. Nigat Fathima P,A, Assistant Professor, YPC	7406225106
4.	Thursdays	Ms. Sanjana A, Assistant Professor, Pharmacy College	9483371165
5.	Fridays	Dr. Greeshma B Kotian, Assistant Professor, Biochemistry, YMC	9980807978
6.	Saturdays	Dr. Pallavi, Lecturer, Oral Pathology, YDC	8971554282
7.	Sundays	Dr. Ashwini S Shetty, Assistant Professor, Anatomy, YMC	7204093728

Men's Hostel		07.10.2017 to 06.11.2017	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Harikishore, Reader, Oral & Maxillofacial Surgery, YDC	8496962992
2.	Tuesdays	Dr. Mohammed Zahid, Lecturer, Prosthodontics, YDC	9986358215
3.	Wednesdays	Dr. Mohammad Nooh Ismail Kazia, Lecturer, Conservative Dentistry, YDC	9886977247
4.	Thursdays	Mr. Shashikumar Jawadagi, Professor, YNC	9900777737
5.	Fridays	Dr. Prakyath Malli, Lecturer, Prosthodontics, YDC	8095727027
6.	Saturdays	Mr. Shemjaz Arakkal Maniyat, Assistant Professor – YPC	7204896962
7.	Sundays	Mr. Khaja Mohinuddeen K P, Assistant Professor, YPC	7411726785

ATTESTED

  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yene Pooya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

  
Dean / Principal  
Yene Pooya Dental College  
Yene Pooya University  
Deralakatte, Mangalore-575 018

Ladies' Hostel		07.10.2017 to 06.11.2017	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Varsha Haridas Upadya, Lecturer, Oral Surgery -YDC	9740536292
2.	Tuesdays	Dr. Padmini Thalanjeri, Assistant Professor, Physiology, YMC	9945450630
3.	Wednesdays	Ms. Vinitha D Souza, Lecturer, OBG Nursing	8762490451
4.	Thursdays	Dr. Saiqa Rasool Shah, Assistant Professor, Biochemistry, YMC	7411510678
5.	Fridays	Dr. Meera Jacob, Assistant Professor, Anatomy, -YMC	9481177854
6.	Saturdays	Dr. Hazel, Lecturer, Periodontics - YDC	9916235182
7.	Sundays	Mrs. Mudasir Rashid Baba, Assistant Professor - YPC	7899466841

Men's Hostel		07.11.2017 to 06.12.2017	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Fahad Mohammed, Lecturer, Prosthodontics	9986678790
2.	Tuesdays	Mr. Sajjad A. R. Ebrahim, Assistant Professor, - YPC	9900410821
3.	Wednesdays	Dr. Nagapati Prabhakar Bhat, Assistant Professor, Pharmacology	9480710120
4.	Thursdays	Dr. Pracheth R, Assistant Professor, Community Medicine, YMC	9743289207
5.	Fridays	Dr. Shashidhar M. R., Assistant Professor, Pathology, YMC	9902914452
6.	Saturdays	Dr. Bilal Akkar, Tutor, Conservative Dentistry, YDC	8088349634
7.	Sundays	Mr. Anwar A S, Lecturer, Physiology, YMC	9008385666

Ladies' Hostel		07.11.2017 to 06.12.2017	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Nanditha Hegde, Tutor, Pedodontics	9741115716
2.	Tuesdays	Dr. Grrishma B, Assistant Professor, Physiology	8861632400
3.	Wednesdays	Dr. Sathya Anandam, Assistant Professor, Microbiology	9449104182
4.	Thursdays	Ms. Malathi K, Lecturer, OBG Nursing, YNC	9743703320
5.	Fridays	Ms. Mudasir Rashid Baba, Assistant Professor, YPC	7899466841
6.	Saturdays	Dr. Pallavi Sabarad, Lecturer, Oral Pathology, YDC	8971554282
7.	Sundays	Ms. Sanjana A, Assistant Professor, Pharmacy College	9483371165

- NOTE:**
1. The Transport Superintendent shall provide vehicle to the Faculty for picking up and dropping back for the hostel visit.
  2. All the above Faculty members are advised to contact the Supdt. (Transport) (with their address on the days of the visit during working hours only).
  3. Night visit to the hostel is mandatory and failure to do the duty will be construed as dereliction of allotted duty.
  4. Change of duty shall not be entertained for any reason.

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte,  
Mangalore - 575 018, Karnataka

TO:

All the Principals - with a request to circulate among the Faculty

Copy to:

- Office of the Vice Chancellor
- Director-(F)/Assistant Registrar
- Student Welfare Officers /Hostel Wardens - Boys & Girls Hostel/Superintendent (Transport)
- Academic Section

Dean / Principal  
Yenepoya Dental College  
Yenepoya University  
Deralakatte, Mangalore-575 018

(Dr. G. Shreeekumar Menon)  
REGISTRAR

Dean / Principal  
Yenepoya Dental College  
Yenepoya University  
Deralakatte, Mangalore-575 018



University Road,  
Deralakatte  
Mangalore - 575018  
Ph: 0824-2203943  
Fax 0824-2203943

YU/REG/ACA/Anti-Rag./2016

06.09.2016

**OFFICE ORDER**

Sub: Ragging Prevention Measures – Anti Ragging Monitoring Cell

\*\*\*\*\*

The following teaching staff shall visit the hostels at nights on the days shown against their names with effect from 19.09.2016 to 18.12.2016. They will go round the hostel and if they find anything uncommon, the matter may be reported to the authorities.

This order is in supersession of the earlier order dated 27.08.2016.

Men's Hostel		19.09.2016 to 18.10.2016	
Sl. No.	Visiting Day	Name of the Staff	Contact No
1.	Mondays	Dr. Pracheth R, Assistant Professor, Community Medicine, YMC	9743289207
2.	Tuesdays	Dr. Vivian Flourish D Costa, Lecturer, Community Dentistry, YDC	9844512336
3.	Wednesdays	Dr. Shafees Koya, Lecturer, Orthodontics, YDC	9746260470
4.	Thursdays	Mr. Shemjaz Arakkal Maniyal, Assistant Professor, Physiotherapy	7204896967
5.	Fridays	Mr. Syed Imran, Asst. Professor, YNC	9880749477
6.	Saturdays	Mr. Anwar A.S, Lecturer, Physiology, YMC	9008385666
7.	Sundays	Dr. Shyamjith Manikkoth, Associate Professor, Pharmacology, YMC	9480361961

Ladies' Hostel		19.09.2016 to 18.10.2016	
Sl. No.	Visiting Day	Name of the Staff	Contact No
1.	Mondays	Dr. Shaina K, Tutor, Prosthodontics, YDC	9164975864
2.	Tuesdays	Ms. Nilhyashree B V, Lecturer, YNC	9480230906
3.	Wednesdays	Ms. Sharin Neeta D Souza, Tutor, YNC	9972413432
4.	Thursdays	Ms. Vinltha D Souza, Lecturer, YNC	8762490451
5.	Fridays	Dr. Sathya Anandam, Assoc. Professor, Microbiology, YMC	9449104182
6.	Saturdays	Dr. Meera Jacob, Asst. Professor, Anatomy, YMC	9481177854
7.	Sundays	Ms. Chinchu Paulose, Tutor, YNC	9986976782

Men's Hostel		19.10.2016 to 18.11.2016	
Sl. No.	Visiting Day	Name of the Staff	Contact No
1.	Mondays	Dr. Sateesh K. Malkappa, Assoc. Professor, Microbiology, YMC	9885962541
2.	Tuesdays	Dr. Nagapati Prabhakar Bhat, Assistant Professor, Pharmacology, YMC	9480710121
3.	Wednesdays	Dr. Vijaya Kumar K, Reader, Periodontics, YDC	9880274771
4.	Thursdays	Dr. Fahad Mohammed, Reader, Prosthodontics, YDC	9986678791
5.	Fridays	Mr. Thangadurai C, Associate Professor, Physiotherapy	886762666
6.	Saturdays	Mr. Sajjad A R Ebrahim, Assistant Professor, Physiotherapy	990041082
7.	Sundays	Mr. Anil Kumar BR, Lecturer, YNC	974271367

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

Dean / Principal  
Yenepoya Dental  
Yenepoya Univ  
Deralakatte, Mangalore-575 018



Ladies' Hostel		19.10.2016 to 18.11.2016	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Sindhu, Assoc. Professor, Biochemistry, YMC	9480571003
2.	Tuesdays	Dr. Sowmya B.U., Asst. Professor, Pathology, YMC	9731504806/ 9482193806
3.	Wednesdays	Dr. Nishi Jayasheelan P, Lecturer, Conservative Dentistry, YDC	9845487434
4.	Thursdays	Mrs. Nigath Fathima, Assistant Professor, Physiotherapy	7406225106
5.	Fridays	Dr. Grrishma B, Assistant Professor, Physiology, YMC	8861632400
6.	Saturdays	Mrs. Mudasir Rashid Baba, Assistant Professor, Physiotherapy	7899466841
7.	Sundays	Dr. Sahla, Tutor, Oral Surgery, YDC	9902502762

Men's Hostel		19.11.2016 to 18.12.2016	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Kiran H.S.; Asst. Professor, Pathology, YMC	9980733292
2.	Tuesdays	Dr. Venkatesh G. Kamath, Asst. Professor, Anatomy, YMC	9164190758
3.	Wednesdays	Dr. Mohammed Zahid, Lecturer, Prosthodontics, YDC	9986358215
4.	Thursdays	Dr. Prakyath Malli, Lecturer, Prosthodontics, YDC	8095727027
5.	Fridays	Dr. Ujeesh, Tutor, Oral Surgery, YDC	8088349634
6.	Saturdays	Dr. Shahul Hameed, Lecturer, Oral Medicine & Radiology, YDC	9886908043
7.	Sundays	Dr. Imran Pasha, Lecturer, Public Health Dentistry, YDC	9844215889

Ladies' Hostel		19.11.2016 to 18.12.2016	
Sl. No.	Visiting Day	Name of the Staff	Contact No.
1.	Mondays	Dr. Padmini Thalanjeri, Asst. Professor, Physiology	9945450630
2.	Tuesdays	Ms. Nithyashree B V, Lecturer, YNC	9480230906
3.	Wednesdays	Dr. Asiya Asma, Tutor, Conservative Dentistry	9035863488
4.	Thursdays	Dr. Uma M, Reader, Prosthodontics	9844545546
5.	Fridays	Dr. Varsha Haridas Upadya, Lecturer, Oral Surgery, YDC	9740536292
6.	Saturdays	Ms. Misiriya K, Lecturer, Physiotherapy	9947301801
7.	Sundays	Dr. Ashwini S. Shetty, Asst. Professor, Anatomy	7204093728

- NOTE:**
1. The Transport Superintendent shall provide vehicle to the Faculty for picking up and dropping back for the hostel visit.
  2. All the above Faculty members are advised to contact the Supdt. (Transport) (with their address on the days of the visit during working hours.
  3. Night visit to the hostel is mandatory and failure to do the duty will be construed as dereliction of allotted duty.

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

TO:

- All the Principals.
- The above members.

Copy to:

- Office of the Vice Chancellor
- Director-(F)/Assistant Registrar
- S.W.O./Administrative Officer (Hostels)/Wardens - Boys & Girls Hostel/Superintendent (Transport)
- Academic Section

(Dr. G. Shreekumar Menon)  
REGISTRAR

Dean / Principal  
Yenepoya Hospital  
Yenepoya Univ



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

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## **b. Counselling**

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepooya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

**CONTENTS**

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**ATTESTED**  


**Dr. Gangadhara Somayaji K S**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

## Counselling rooms

University has a student counsellor to deal with staff and student's issues related to Stress/Anxiety/Emotional/ personal and council them to provide necessary guidance.

ATTESTED



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 016, Karnataka



**YENEPOYA**  
(DEEMED TO BE UNIVERSITY)  
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# Counselling rooms



**YenePOYA Dental college forth floor**



Deralakatte, Karnataka, India  
YenePOYA University Hospital Bus Stop, Mangalore - Thokkottu - Konaje  
University Rd, Belma Village, Deralakatte, Karnataka 575022, India  
Lat N 12° 48' 45.17172"  
Long E 74° 52' 52.1346"  
30/07/20 10:04 AM



**YenePOYA Medical College Ground floor**



	Decimal	DMS		
Latitude	12.811965	12°48'43" N		
Longitude	74.879957	74°52'47" E		
		2020-07-17 (Fri)	11:24	25°C
				77°F



**YenePOYA Nursing College**

Latitude: 12.812239  
Longitude: 74.881242  
Elevation: 54.6m  
Accuracy: 29.6m  
Time: 24-06-2020 08:56  
Note: student counselling room



**YenePOYA Medical College Hospital Psychiatry OPD**



	Decimal	DMS		
Latitude	12.81192	12°48'42" N		
Longitude	74.879925	74°52'47" E		
		2020-07-17 (Fri)	11:55	25°C
				77°F



YENEPOYA

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# Counselling rooms

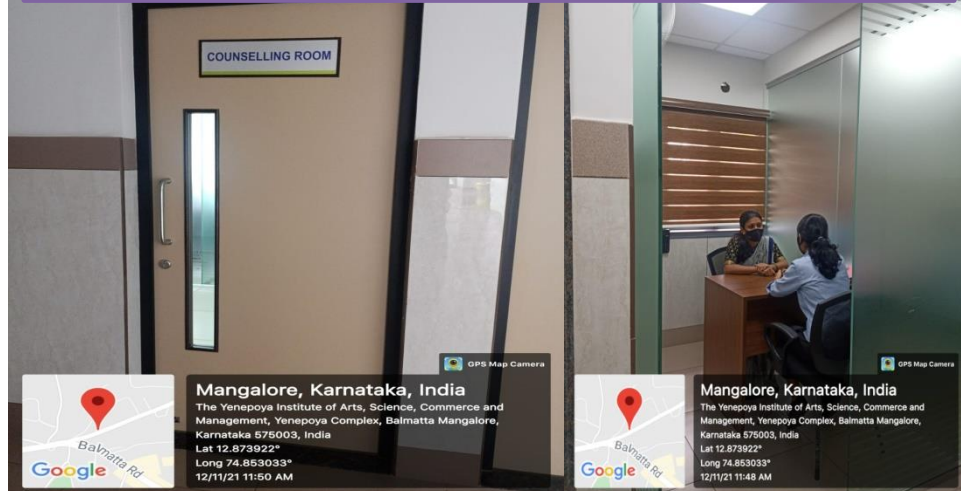
### Yenepoya Institute of Allied Health Sciences



Karnataka, India  
yenepoya mudipu campus , Karnataka 574153, India  
Lat N 12° 48' 20.4192"  
Long E 74° 57' 26.6436"  
06/03/21 01:12 PM

Google

### Yenepoya Institute of Arts, Science, Commerce and Management



Mangalore, Karnataka, India  
The Yenepoya Institute of Arts, Science, Commerce and Management, Yenepoya Complex, Balmatta Mangalore, Karnataka 575003, India  
Lat 12.879922°  
Long 74.853033°  
12/11/21 11:50 AM

Mangalore, Karnataka, India  
The Yenepoya Institute of Arts, Science, Commerce and Management, Yenepoya Complex, Balmatta Mangalore, Karnataka 575003, India  
Lat 12.879922°  
Long 74.853033°  
12/11/21 11:48 AM

Google

Google

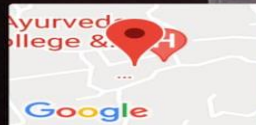
### Yenepoya Pharmacy College Ground floor



Latitude: 12.81196  
Longitude: 74.879875  
Accuracy: 14.0m  
Time: 25-07-2020 13:51  
Note: Student Counselling Room-YPCRC



### Yenepoya Ayurveda and Homoeopathy Medical college



Dakshina Kannada, Karnataka, India  
Unnamed Road, Karnataka 574199, India  
Lat 12.777481°  
Long 74.904136°  
20/11/21 12:13 PM

Google

GPS Map Camera



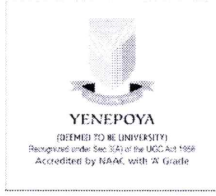
**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

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# **SOP for Counselling**



## **STUDENT WELFARE DEPARTMENT**

### **PSYCHOTHERAPY & COUNSELLING FOR STUDENTS & STAFF**

#### **Standard Operating Procedure (SOP)**

<b>Purpose</b>	<b>Promptly address &amp; efficiently manage Stress inducing issues in students &amp; staff of the University</b>
<b>Author</b>	Sunita P Prabhu , SWO
<b>Reviewed by</b>	Dr Gangadhara Somayaji K S , Registrar
	Dr B H Sripathi Rao , Pro VC
	Dr Anil Kakkunje , HOD , Dept of Psychiatry , YMCH
<b>Approved by</b>	Vice Chancellor
<b>Version</b>	2.0
<b>Date</b>	03/12/2021

**ATTESTED**

*KS*  
**Dr. Gangadhara Somayaji KS**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

*Sunita Prabhu*  
**Student Welfare Officer**  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018

*Arun*  
**Dr. Arun Bhagwath**  
Dy. Director  
Quality Assessment & Compliance



## 1. GENERAL

### PURPOSE-

- Standard operating procedure set for the prompt address & efficient management of the stress inducing issues in students & staff of the University .
- Guidelines to enable the assigned department faculty to adhere to the SOP with uniformity and efficiency across campuses .

### SCOPE-

- This policy applies to all students and staff of Yenepoya (Deemed to be University) – Referrals and Walk Ins . (Also referred to as Clients)
- It defines all processes and activities carried out for the purpose assigned

### RESPONSIBILITY-


- The Registrar , through the assigned faculty of the Student Welfare Department , has the primary responsibility of ensuring that this SOP is implemented and complied with and remains adequate for its intended purpose and for providing information from which the documentation for the process can be compiled .
- The assigned faculty of the Student Welfare Department are responsible for implementing and ensuring that these procedures are followed and properly documented .

### ACCOUNTABILITY-

- The Registrar is the final reporting authority
- The assigned faculty of the Student Welfare Department submit their reports to the Dean/ Principals of concerned colleges and to the Registrar

ATTESTED  


Dr. Gangadhara Somayaji K S  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

  
Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018

  
Dr. Arun Bhagwath  
Dy. Director  
Quality Assessment & Compliance

## 2) MANAGEMENT

### OVERVIEW-

#### Referrals :

Staff – Through the HODs of the various departments of the Institutions

Students/ Mentees will be identified by their mentors and referred to the assigned staff of Student Welfare Department through Dean/Principal of the Institution for any of the following reasons :

- Students with reported / noticeable stress and/or anxiety and/or depression
  - Continued low academic performance
  - Misbehaviour (Indiscipline , Rude behaviour , Harassment in the hostel , leaving hostel without permission, etc ..... )
  - Regular absence / low attendance
  - Students with interpersonal issues (with other students, family, others)
  - 1<sup>st</sup> year students with issues / problems in adjustment / transition within the hostel and/or college
- **Draft Template of Counselling referral form enclosed --- A**


#### Walk Ins :

- Any Students/ staff who seek help on their own would come under this category.

## 3) DOCUMENTATION –

1. A soft copy file will be created for each student, this file will be used to record the sessions with the student/ staff and updated regularly after each session .
2. The students/staff will be required to fill up a general pro-forma, which will include details of identification , University & campus ID
3. Individual sessions would be scheduled and conducted for the students .
4. Group sessions will be conducted for those students sent as a group by the concerned Principal/Dean of the Institution
5. The parent / guardian of the students identified / referred for counselling will be informed and requested to visit the college for discussion about their ward . They will be continually updated about their ward's progress . Their written consent will be taken prior to commencement of counselling sessions .

- **Draft Template of parent's consent form enclosed--- B**

  
Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018

  
Dr. Gangadhara Somayaji K S  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

  
Dr. Arun Bhagwath  
Dy. Director  
Quality Assessment & Compliance

#### 4) ESCALATION –

Any student from this group may be referred to the Dept. of Psychiatry , YMCH in any of the following eventualities :

- A) If a student exhibits no / minimal signs of overall improvement , and on further individual evaluation reveals signs or symptoms of being morbid / anxious / depressed .
- B) If any student in course of future events exhibits marked changes in behavior or academic performance or shares any serious concerns beyond the purview of the assigned staff of the Student Welfare Department , which may require further psychiatric evaluation & eventual medication .
- C) Any student with history of past psychiatric consultations or on medications

- **Template of referral form to Dept of Psychiatry enclosed --- C**

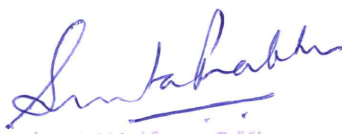
#### 5) CONTINUED MONITORING –

All the clients will be monitored on a continual basis sessions till deemed fit

**PSYCHOLOGICAL SUPPORT HELPLINE NUMBER :**

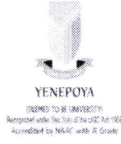
**9108919025**

Students or staff in case of emergency can reach out for psychological support by dialing PSYCHIATRY HELPLINE number :

  
Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018

ATTESTED  
  
Dr. Gangadhara Somayaji K S  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.


  
Dr. Arun Bhagwath  
Dy. Director  
Quality Assessment & Compliance




# Counselling Referral Form\*

# A

MENTOR INFORMATION	
NAME	:
DESIGNATION	:
INSTITUTION	:
EMAIL ID	:
MOBILE PHONE NUMBER	:

MENTEE INFORMATION	
STUDENT NAME	
BATCH & CAMPUS I.D	
MOBILE PHONE NUMBER	
REASON FOR REFERRAL :	
<p>ATTESTED</p>  <p>Dr. Gangadhara Somayaji K S Registrar Yenepoya (Deemed to be University) University Road, Deralakatte Mangalore 575 018, Karnataka.</p>	

\*Note: only to be forwarded via email .

  
Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018

  
Dr. Arun Bhagwath  
Dy. Director  
Quality Assessment & Compliance

Parental / Guardian consent form

B



Parental / Guardian consent form for their ward to attend counselling

(Strictly Confidential)

I/We \_\_\_\_\_ (Parent/Guardian) , hereby  
consent / refuse consent for \_\_\_\_\_ ( My / Our /  
Son / Daughter / Ward ) pursuing \_\_\_\_\_ Course : \_\_\_\_\_ , Batch , in  
(Institution name) \_\_\_\_\_ to attend counselling  
sessions to be conducted by the designated authority of the University .

I/We also understand that the counselling sessions are strictly confidential to the student/client . Any exceptions  
to confidentiality of information of the sessions or further escalations will be discussed / clarified with Me / Us and  
the Student / Client .

Signature :

1. Student/Client \_\_\_\_\_

2. Parent / Guardian (1) \_\_\_\_\_

3. Parent / Guardian (2) \_\_\_\_\_

4. Witnessed by \_\_\_\_\_

Name \_\_\_\_\_

Designation & Dept \_\_\_\_\_

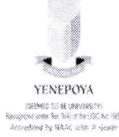
Date \_\_\_\_\_

ATTESTED

Dr. Gangadhara Somayaji K.S  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018

Dr. Arun Bhagwath  
Dy. Director  
Quality Assessment & Compliance



# Counselling Referral Form\*

# C

From : \_\_\_\_\_, Student Welfare Dept,  
Yenepoya (Deemed to be University)  
Mobile Phone number :

**TO:**  
**Dept of Psychiatry, YMCH**

STUDENT INFORMATION	
STUDENT NAME	
BATCH & CAMPUS I.D	
MOBILE PHONE NUMBER	
REASON FOR REFERRAL :	

ATTESTED

\*Note: only to be forwarded via email.

Dr. Gangadhara Somayaji K S  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

Dr. Arun Bhagwath  
Dy. Director  
Quality Assessment & Compliance

Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangaluru-575018



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

## **c. Common Rooms**

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

## c. Common Rooms

There are separate Common Rooms for girls and boys .  
Common rooms are provided in every constituent units  
with washrooms and other facilities .

ATTESTED



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Derlakatte  
Mangalore - 575 018, Karnataka





YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'K' Grade

# Common Rooms

**Yenepoya Dental college Forth floor**



Deralakatte, Karnataka, India  
Yenepoya University Hospital Bus Stop, Mangalore - Thokkottu - Konaje  
University Rd, Belma Village, Deralakatte, Karnataka 575022, India  
Lat N 12° 48' 46.51236"  
Long E 74° 52' 51.70764"  
23/07/20 10:45 AM

**Yenepoya Medical college Basement**



Ullal, Karnataka, India  
University Road Deralakatte Mangalore 575018, Ullal, Karnataka 575022, India  
Lat N 12° 48' 40.8888"  
Long E 74° 52' 52.5576"  
10/04/21 12:06 PM



**Yenepoya Nursing college and Yenepoya Pharmacy college and Research Centre Ground Floor**

Deralakatte, Karnataka, India  
RV6H+JQX, Deralakatte, Karnataka 575022, India  
Lat 12.812001°  
Long 74.879739°  
18/11/21 12:36 PM



Deralakatte, Karnataka, India  
yenepoya university RV6H+JQX, Deralakatte, Karnataka 575018, India  
Lat 12.811999°  
Long 74.879744°  
18/11/21 12:38 PM



YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956  
Accredited by NAAC with 'A' Grade

# Common Rooms

Yenepoya Institute of Allied Health Sciences third floor



Yenepoya Institute of Arts, Science, Commerce and Management Block B Basement 2





YENEPOYA

(DEEMED TO BE UNIVERSITY)

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Accredited by NAAC with 'K' Grade

# Common Rooms



**Yenepeya Ayurveda Medical College Ground floor**



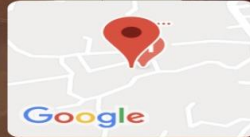
Manjanade, Karnataka, India  
Unnamed Road, Karnataka 574199, India  
Lat N 12° 46' 39.6444"  
Long E 74° 54' 14.67"  
13/11/20 02:54 PM



Kinya, Karnataka, India  
Unnamed Road, Karnataka 574199, India  
Lat N 12° 46' 39.63"  
Long E 74° 54' 15.2208"  
13/11/20 09:30 AM



**Yenepeya Homoeopathy Medical College second floor**



naringana, Karnataka, India  
Unnamed Road, Karnataka 574199, India  
Lat N 12° 46' 39.486"  
Long E 74° 54' 16.0704"  
09/04/21 01:11 PM



naringana, Karnataka, India  
Unnamed Road, Karnataka 574199, India  
Lat N 12° 46' 39.486"  
Long E 74° 54' 16.0704"  
09/04/21 01:07 PM



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

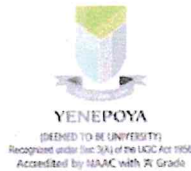
Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

## **d. Day care centre for young children**

**ATTESTED**

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoaya (Deemed to be University)  
University Road, Deralakaite  
Mangalore - 575 018, Karnataka



## YENEPOYA (DEEMED TO BE UNIVERSITY)

### Day Care Centre

### **Report of Day Care Centre**

The Yenepoya (Deemed to be University) started a Day Care facility for the children of the staff and Students in the year 2015.

The total number of children admitted in the year 2015 = 284

The total number of children admitted in the year 2016 = 308

The total number of children admitted in the year 2017 = 262

The total number of children admitted in the year 2018 = 262

The total number of children admitted in the year 2019 = 250

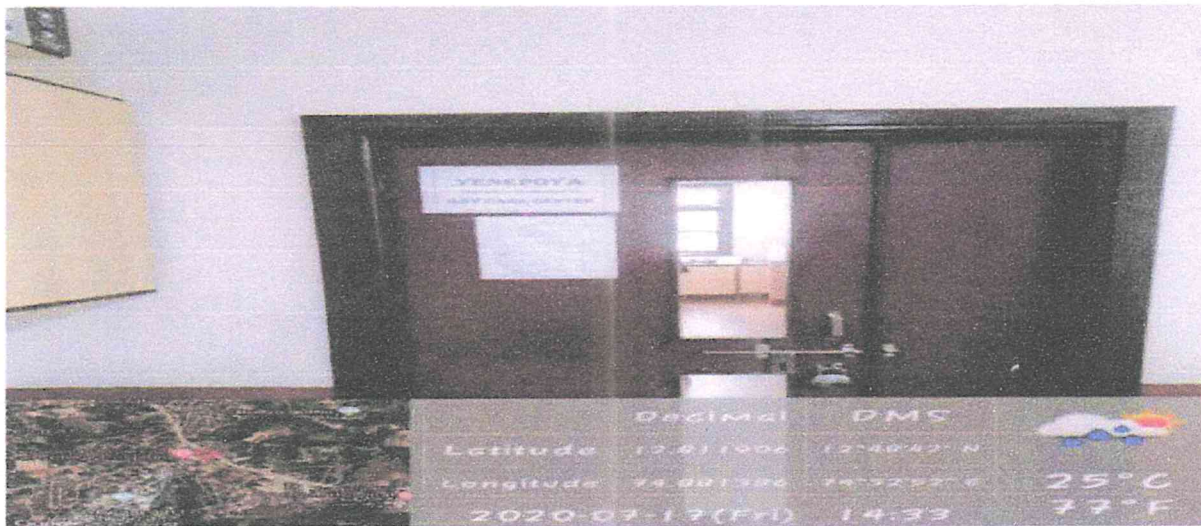
The number of children vary every month.

There is a supervisor and two attendars to take care of the children in the Creche.

The timings is from 08:00 am to 05:00pm

Children from the age of six months to six years are looked after in the Creche.

#### **Geotagged photos**



Please Note: During 2020 on account of Covid-19 lockdown, the day care facility was not functional.

**ATTESTED**

**Dr. Gangadhara Somayaji K.S.**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

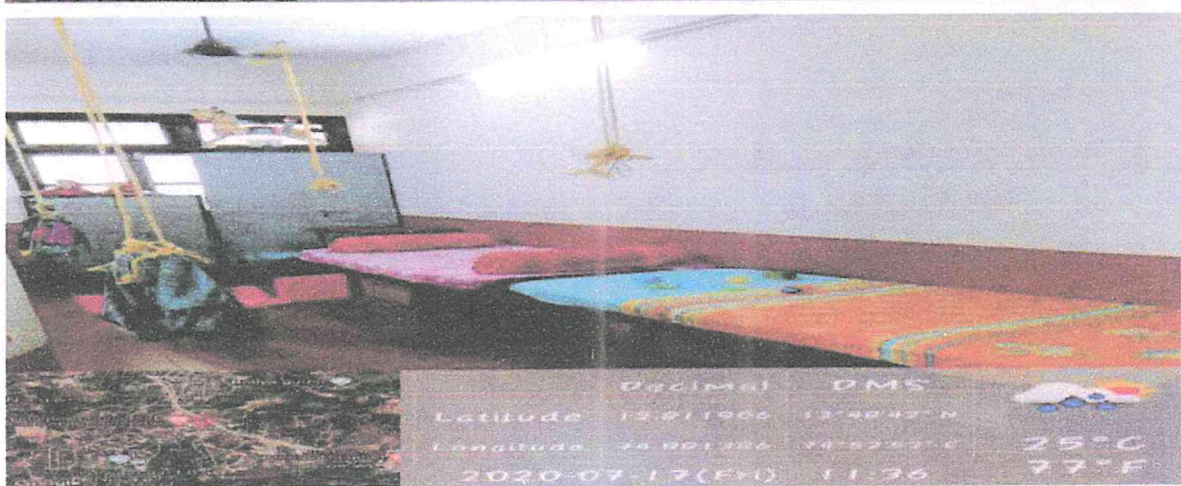
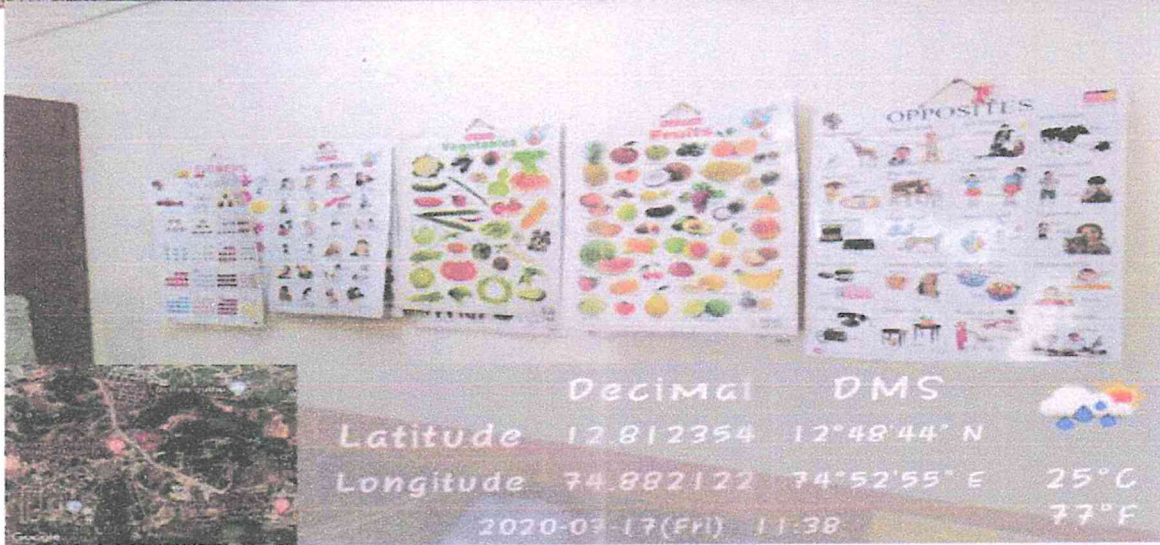
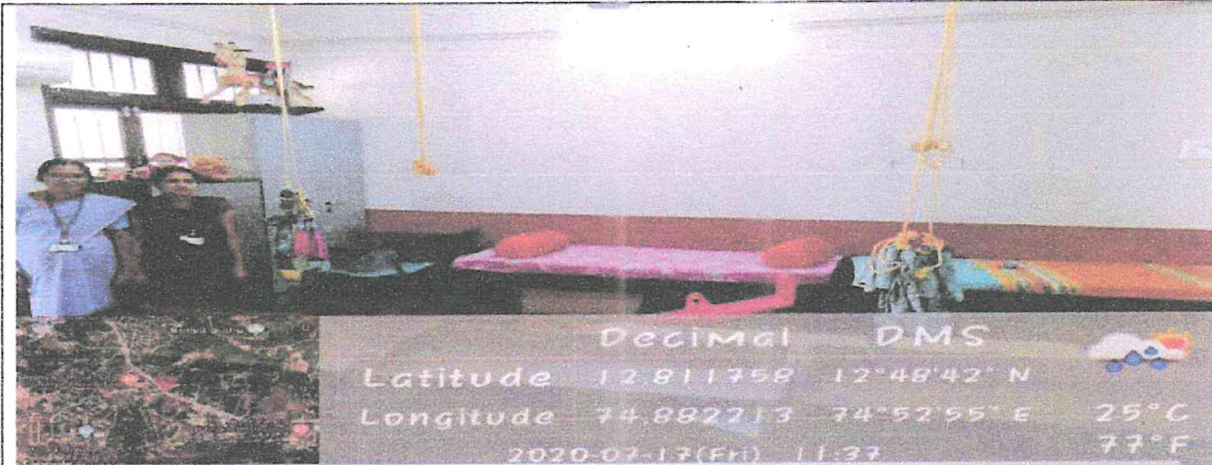
*Beida Shoukath*

11/07/2020

Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangalore-575018



**YENEPOYA**  
 (DEEMED TO BE UNIVERSITY)  
 Recognized under Sec 3(A) of the UGC Act 1956  
 Accredited by NAAC with 2B Grade



**ATTESTED**

**Dr. Gangadhara Somayaji K.S.**  
 Registrar  
 Yenepoya (Deemed to be University)  
 University Road, Deralakatte  
 Mangalore-575 018, Karnataka

**11/07/2020**  
 Student Welfare Officer  
 Yenepoya (Deemed to be University)  
 Deralakatte, Mangaturu-575018



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)  
Recognized under Sec.3(A) of the UGC Act 1956  
Accredited by NAAC with 'B' Grade



**ATTESTED**

**Dr. Gangadhara Somayaji K.S.**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

*Abhidanukath*

17/07/2020  
Student Welfare Officer  
Yenepoya (Deemed to be University)  
Deralakatte, Mangalore-575018



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

**e. Any other relevant information**

**ATTESTED**


Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka



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**ATTESTED**

  
**Dr. Gangadhara Somayaji K S**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

# **YEN Cradle (baby kits sponsored by Yenepoya Medical College Hospital)**

**ATTESTED**



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deratakatte  
Mangalore - 575 018, Karnataka



YENEPOYA  
(DEEMED TO BE UNIVERSITY)

# Yenepoya Medical College Hospital

(A CONSTITUENT COLLEGE OF YENEPOYA (DEEMED TO BE UNIVERSITY), Recognised under Sec 3 (A) of the UGC Act, 1956)  
Accredited by NAAC with 'A' Grade

UNIVERSITY ROAD, DERALAKATTE, MANGALORE - 575 018. Ph : 2204668/69/70 Fax : 0824 - 2204664



Certificate No. 14 - 2018 - 2019  
March 01, 2019 - 31 March 30, 2022

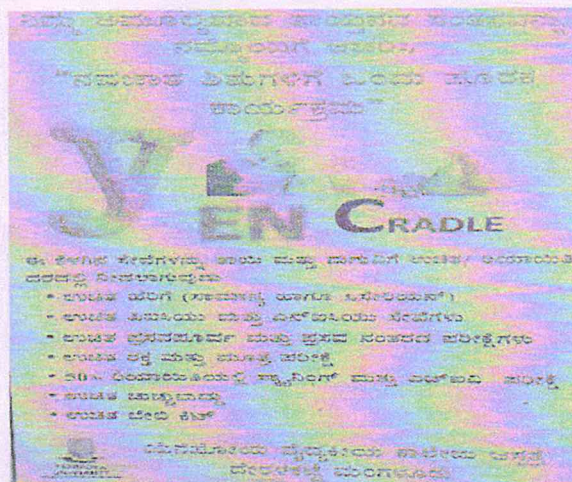
## YENEPOYA DEEMED TO BE UNIVERSITY

### YEN CRADLE DETAILS

## Yen cradle

Every new mother is provided with a baby kit worth Rs.2000

- sponsored by Yenepoya University



Receipt of Yen Cradle

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

30/6/2020

Dr. SALLY MARY ABRAHAM  
Reg. No 22432  
Professor & HOD, Obstetrics & Gynaecology  
Yenepoya Medical College

## Consolidated data of the Beneficiaries from 2015 to 2020

Summary of beneficiaries	
2015	1369
2016	1633
2017	1840
2018	2367
2019	3058
2020	1261
<b>Total</b>	<b>11528</b>

2015 Beneficiaries	
January	68
February	82
March	84
April	113
May	134
June	149
July	106
August	117
September	126
October	146
November	120
December	124
<b>Total</b>	<b>1369</b>
2017 Beneficiaries	
January	101
February	101
March	148
April	183
May	157
June	180
July	154
August	159
September	158
October	167
November	178
December	154
<b>Total</b>	<b>1840</b>

2016 Beneficiaries	
January	106
February	109
March	114
April	156
May	145
June	148
July	132
August	143
September	152
October	172
November	130
December	126
<b>Total</b>	<b>1633</b>
2018 Beneficiaries	
January	142
February	114
March	213
April	211
May	203
June	151
July	201
August	205
September	200
October	264
November	238
December	225
<b>Total</b>	<b>2367</b>

Dr. SALLY MARY ABRAHAM  
Reg. No. 22432  
Professor & HOD, Obstetrics & Gynaecology  
Yenepoya Medical College

30/6/2020

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka



# Yenepoya Medical College Hospital

(A CONSTITUENT COLLEGE OF YENEPLOYA (DEEMED TO BE UNIVERSITY), Recognised under Sec 3 (A) of the UGC Act, 1956)  
Accredited by NAAC with 'A' Grade

UNIVERSITY ROAD, DERALAKATTE, MANGALORE - 575 018. Ph. : 2204668/69/70 Fax : 0824 - 2204664



Certificate No. M - 2019 - 0918  
March 21, 2019 - March 26, 2022

2019 Beneficiaries	
January	240
February	194
March	267
April	289
May	252
June	270
July	217
August	242
September	270
October	310
November	268
December	239
<b>Total</b>	<b>3058</b>

2020 Beneficiaries	
January	210
February	219
March	231
April	166
May	224
June	211
<b>Total</b>	<b>1261</b>

Please Note : The Yen Cradle Kits were temporarily stopped between July 2020 and December 2020.

*Dr. Sally Mary Abraham*  
30/6/2020  
Professor & HOD, Obstetrics & Gynaecology  
Yenepoya Medical College  
Professor & HOD, Obstetrics & Gynaecology  
Yenepoya Medical College

ATTESTED

*[Signature]*  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

# Psychiatry helpline and Wellness centre (Yencourage)

ATTESTED



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)  
Recognized under Sec 3(A) of the UGC Act 1956  
Accredited by NAAC with 'A' Grade

### PSYCHIATRY HELPLINE REPORT

An initiative by Department of Psychiatry, Yenepooya Medical College, Mangaluru to reach out to people in psychological distress, suicidal intention and substance abuse, was started in March 2018. It was inaugurated by Shri. K Bhaskar Moily, the Mayor of Mangalore city by giving the first call. It has been running successfully for over two years now. Helpline number 9108919025 can be accessed 24x7 hours from anywhere and this is the first facility of its kind in Mangalore. On an average we get 5 - 7 calls in a week. Students and staffs of the campus have also availed this facility and benefitted.

**PSYCHIATRY Helpline**

**COMPLETED 500 Days**

**24/7 Hours**

**Call: 9108919025**

- Help for people in Psychological Distress
- Suicide helpline
- Narcotics & Substance Abuse Helpline

For Consultation Contact:  
**PSYCHIATRY DEPARTMENT**  
Yenepooya Medical College Hospital, Deralakatte, Mangaluru - 575 018

*Attested*  
**ATTESTED**

Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepooya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

Helpline display board

Professor & Head  
Department of Psychiatry  
Yenepooya Medical College  
Mangalore-575018



**YENEPOYA**


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Recognized under Sec 3(A) of the UGC Act 1956  
Accredited by NAAC with 'A' Grade

## Yenepoya Wellness, Counselling, Day Care and Rehabilitation Centre

### YENCOURAGE

(Initiative by: Dept of Psychiatry, Yenepoya Medical College, Mangalore)


- Day care services with food
- Rehabilitation and long stay facility
- De-addiction services
- Psychiatry and Psychology consultation
- Counselling and Therapy
- Psychological assessments
- Computer assisted training programs



Fourth floor, Yenepoya Nursing Home, Kankanady By-pass road,  
Opp. Cochin Bakery, Mangalore - 575002  
Email: [psyc@yenepoya.edu.in](mailto:psyc@yenepoya.edu.in)  
☎ 0824 - 4260155  
24 x 7 Psychiatry Helpline: 9108 91 9025

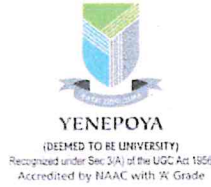
YENCOURAGE Pamphlet

ATTESTED

  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Derlakatte  
Mangalore-575 018, Karnataka

  
Professor & Head  
Department of Psychiatry  
Yenepoya Medical College





**Yenepoya Wellness, Counselling, Day care & Rehabilitation Centre Inauguration**  
**YENCOURAGE REPORT**

Yenepoya Wellness, Counselling, Day care and Rehabilitation Centre – **YENCOURAGE** inauguration was held on 26<sup>th</sup> June 2019 Wednesday, 9.30 am at Yenepoya Nursing Home building, Kankanady, Mangalore. The day is also celebrated as International day against drug abuse and illicit trafficking. The ribbon cutting of the new centre was conducted by Dr P V Bhandary, Director of AV Baliga Hospital, Udupi in the presence of Mr Abdulla Kunhi, Chancellor Yenepoya (deemed to be) University & Mr Farhaad Yenepoya. Dr Anil Kakunje, Head, Department of Psychiatry welcomed all the guests and invitees. Dr PV Bhandary spoke on his experiences dealing with persons with substance abuse. Mr Yenepoya Abdulla Kunhi highlighted the need for such a facility in Mangalore. Dr M Vijayakumar, Vice-Chancellor of Yenepoya (deemed to be ) University mentioned about the need for rehabilitation in Psychiatry. Dr Raghuveer Pro-Vice Chancellor appreciated the efforts of the department in setting up the centre. The facility has day care services with food where patients will be given vocational training and they spend time in activities of their interest. Fun activities, music, games, exercise, computer assisted training programs are available. Patients of any age can avail the facility. The centre is professionally managed with a team of professionals involving Psychiatrists, Psychologist, Counsellors and Rehabilitation specialist for Out-patient and In-patient consultations. Long stay facility is available for chronic psychiatric disorders and de-addiction.

**It has facilities for –**

- **Daycare services with food**
- **Rehabilitation & long stay facility**
- **Deaddiction services**
- **Psychiatry & Psychologists consultation**
- **Counselling and Therapy services**
- **Psychological assessments**
- **Computer assisted training programs**

**ATTESTED**

**Dr.Gangadhara Somayaji K.S.**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

**Professor of Psychiatry**  
Department of Psychiatry  
Yenepoya Medical College  
575 018



**YENCOURAGE inauguration by Dr. P V Bhandary**



**YENCOURAGE inauguration: Mr Farhaad, Pro-Chancellor Yenepoya Speaking**

**ATTESTED**

Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

Professor & Head  
Department of Psychiatry  
Yenepoya Medical College  
Deralakatte, Mangaluru-575018



**Department of Psychiatry  
Group photo taken during YENCOURAGE inauguration**

**ATTESTED**  
*[Signature]*

**Dr.Gangadhara Somayaji K.S.**  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

*[Signature]*  
10/8/2019.  
**Professor & Head**  
Department of Psychiatry  
Yenepoya Medical College  
Deralakatte, Mangaluru-575 018

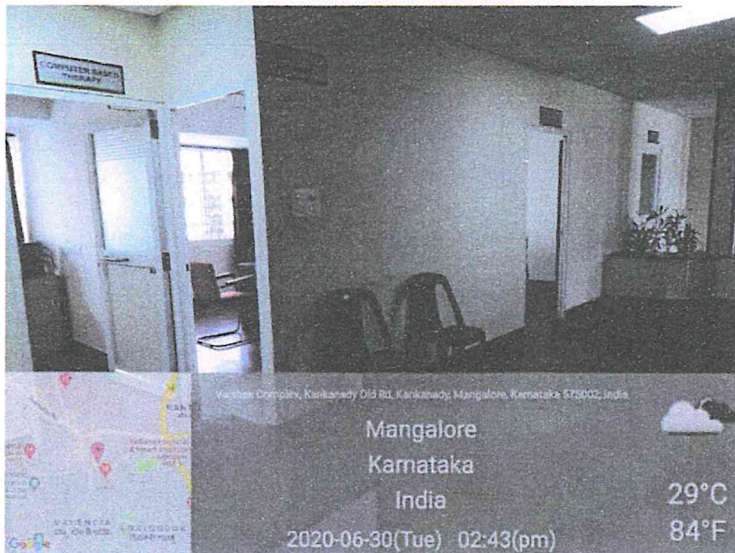
# Geotagged Photographs

## 7.1.1 Psychiatry 24x7 Helpline number



Helpline display board in Kankanady

## 7.1.1 Wellness centre 1



YENCOURAGE Consultation rooms

ATTESTED

*[Signature]*  
Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

*[Signature]*  
15/8/2019  
Professor & Head  
Department of Psychiatry  
Yenepoya Medical College

7.1.1 Wellness centre 2



YENCOURAGE Seminar hall

7.1.1 Wellness centre 3



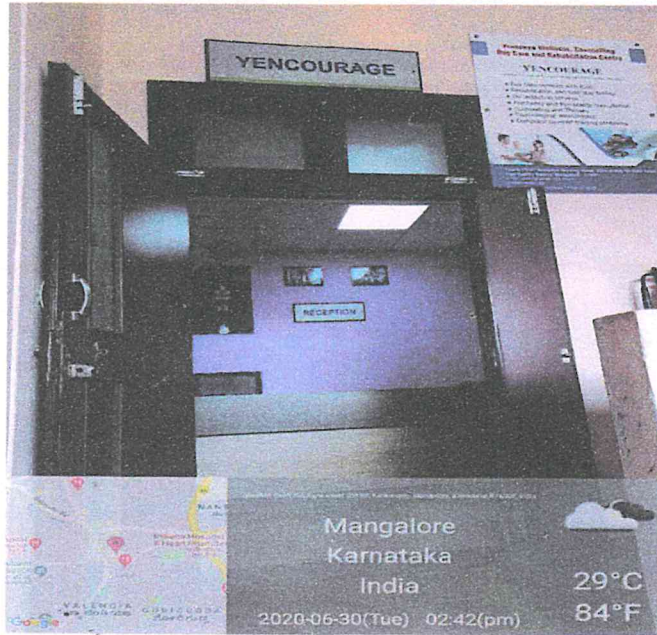
YENCOURAGE Seminar hall

ATTESTED  
*[Signature]*

Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

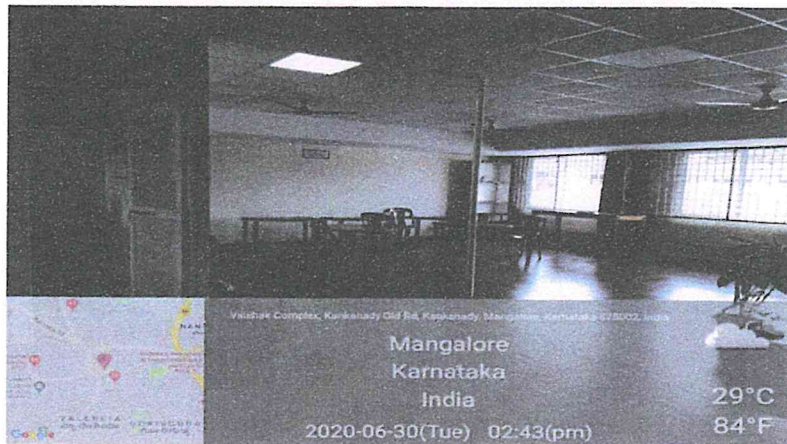
*[Signature]*  
15/6/2019  
Professor & Head  
Department of Psychiatry

### 7.1.1 Wellness centre 4



**YENCOURAGE Reception**

### 7.1.1 Wellness centre 5



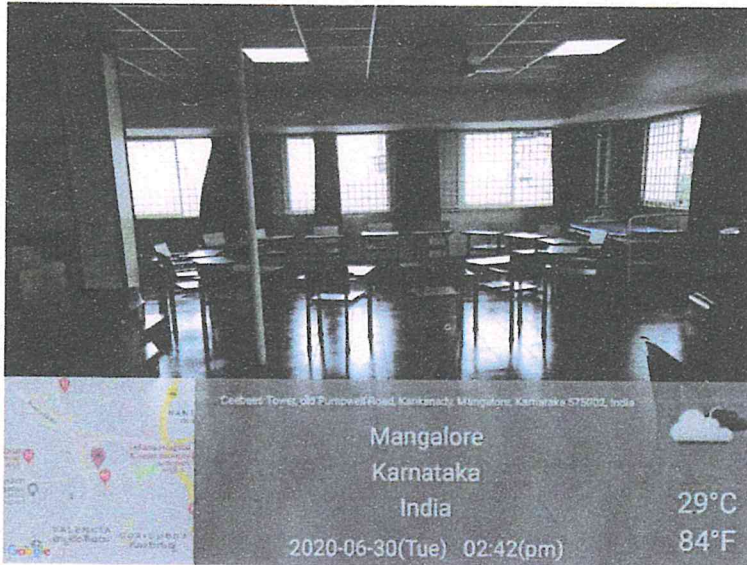
**YENCOURAGE Activity area**

ATTESTED  
*[Signature]*

**Dr.Gangadhara Somayaji K.S.**  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

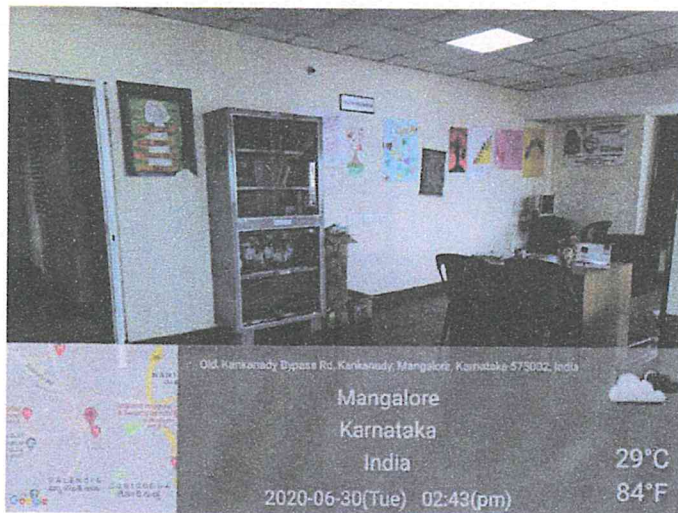
*[Signature]*  
10/8/2019  
Professor & Head  
Department of Psychiatry  
Yenepoya Medical College

### 7.1.1 Wellness centre 6



**YENCOURAGE Group activity area**

### 7.1.1 Wellness centre 7



**YENCOURAGE Library**

**ATTESTED**  
*[Signature]*

**Dr.Gangadhara Somayaji K.S.**  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

*[Signature]*  
**Professor & Head**  
Department of Psychiatry  
Yenepoya Medical College  
Deralakatte, Mangaluru -575018

# Self defence training sessions

ATTESTED



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Derlakatte  
Mangalore - 575 018, Karnataka



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3	04.10.2017 to 6.12.2017	Report on Self Defense Technique Sessions	88
4	12.10.2015 to 04.10.2017	Report on Self Defense Technique Sessions	91

**ATTESTED**



**Dr. Gangadhara Somayaji K S**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956  
Accredited by NAAC with 'A' Grade

**Organized by**

**Internal Compliance Committee  
Yenepoya Nursing College, Yenepoya (Deemed to be  
University) Deralakatte, Mangalore- 575018  
Karnataka, India**

**ATTESTED**  


**Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575018, Karnataka**

**September 2019- January 2020**

  
**Principal  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018**

**YENEPOYA NURSING COLLEGE  
REPORT ON SELF DEFENSE TECHNIQUE SESSIONS**

The Internal Compliance Committee of Yenepoya [deemed to be university] under the aegis of sexual Harassment of women at workplace [Prevention, Prohibition and Redressal] Act, 2017 is organized self-defence technique session with main objective to improve self-esteem, self-confidence and self-discipline and to protect self from unconditional events among females/Women. The students of Yenepoya Nursing College started with self-defence technique session in the month of September 2019 on every Wednesday between 5pm to 7pm by Mr.Mohammed Nadeem chief Instructor of Shorin -Rye Karate Association ,Moodbidri and his team. Each batch of students underwent 8 classes in a session. During September 2019 to January 2020 two batches of nursing students of Yenepoya Nursing college underwent training.

BATCH	DATE	No. Students attended
I B.Sc Nursing-2019BATCH	18/9/2019-6-13/11/2019	50
I B.Sc Nursing-2019BATCH	20/11/2019-15/01/2020	50

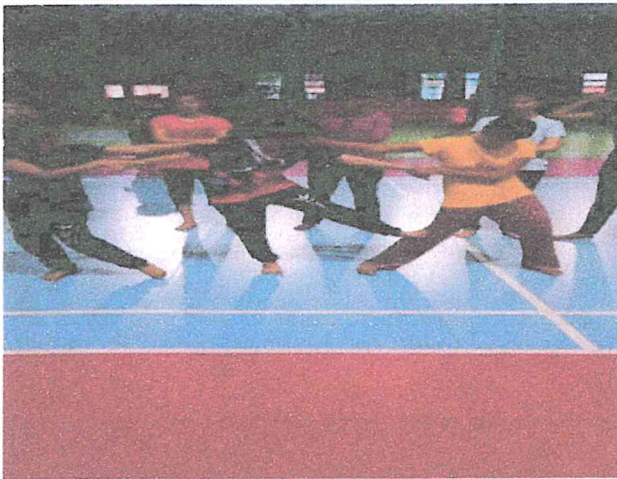


Figure 1. Practical Session



Figure 2. group training session

*Reed*  
16/1/2020

Internal compliance committee/member

ATTESTED

Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

*Principal*  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018

Ref: No. Y/REG/ACA/Nursing/2019

05.08.2019

Dr. Leena K C  
Chairperson  
Internal Complaints Committee

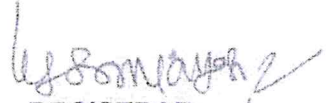
Sub: Self Defense Techniques for VII Batch

Ref: Your Letter dated 03.08.2019

\*\*\*\*\*

Permission is granted to organize 7<sup>th</sup> batch of Self Defense Technique programme for female students of the Constituent Colleges of Yenepoya (Deemed to be University) from 18<sup>th</sup> September 2019 on Wednesdays between 05.00 pm to 07.00 pm at Yendurance Zone

We have already communicated to the Deans of the Constituent Colleges and copy of the same is enclosed herewith for your information.


  
REGISTRAR 6/8

Copy to:

1. Yendurance Zone Incharge
2. Finance Officer
3. Academic Section

ATTESTED

  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

  
Principal / Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018



YENEPOYA

(DEEMED TO BE UNIVERSITY)


Recognized under Sec 3(A) of the UCC Act 1956

Accredited by NAAC with 'A' Grade

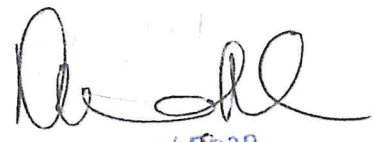
**Organized by**

**Internal Compliance Committee  
Yenepoya Nursing College, Yenepoya (Deemed to be  
University) Deralakatte, Mangalore- 575018  
Karnataka, India**

ATTESTED

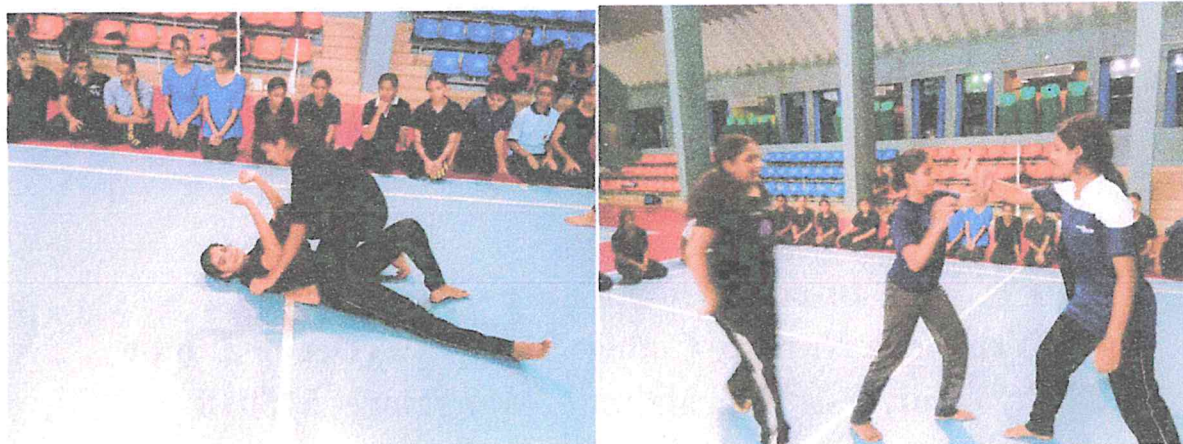
  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore- 575 018, Karnataka

19/08/2018 to 19/12/2018

  
Principal / Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018


**INTERNAL COMPLIANCE COMMITTEE  
 VI SESSION- REPORT (19/08/2018 to 19/12/2018)**

Internal Compliance Committee of Yenepoya University under the aegis of sexual Harassment of women at workplace (prevention, Prohibition and Redressal) Act, 2013 organized self defense technique session for VI batch from 19.08.2018 TO 19.12.2018 for the female students of constituent colleges of Yenepoya University. The classes were started with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women. The classes were held on every Wednesday 5pm to 7pm at Yendurance zone, Yenepoya University. Total 68 students of I B Sc Nursing 2018 batch attended the session. The batch has undergone 8 classes and among 68 students 21 students shown interest to continue with the classes.



**Figure 1. Practical Sessions**

  
 CHAIRPERSON/ MEMBER  
 INTERNAL COMPLIANCE COMMITTEE  
 YENEPOYA UNIVERSITY

  
 DEAN/ PRINCIPAL  
 YENEPOYA NURSING COLLEGE  
 YENEPOYA UNIVERSITY  
 Mangalore-575018

**ATTESTED**  
  
 Dr.Gangadhara Somayaji K.S.  
 Registrar  
 Yenepoya(Deemed to be University)  
 University Road, Deralakatte  
 Mangalore- 575 018, Karnataka

②



YENEPOYA

(DEEMED TO BE UNIVERSITY)  
Recognized under Sec. 3(A) of the UGC Act 1956  
Accredited by NAAC with 'A' Grade

Office of the Registrar  
University Road  
Deralakatte, Mangalore - 575 018  
Ph: 0824 - 2204667/68/69/70/71  
Fax: 0824 - 2203943

Ref. No. Y/REG/ACA/Nursing/2018

29.08.2018

Dr. Leena K C  
Chairperson  
Internal Complaints Committee


Sub: Self Defense Techniques for VI Batch

Ref: Your Letter dated 23.08.2018

\*\*\*\*\*

Permission is granted to organize 6<sup>th</sup> batch of Self Defense Technique programme for female students of the Constituent Collèges of Yenepoya (Deemed to be University) from 19<sup>th</sup> September 2018 on Wednesdays between 05.00 pm to 07.00 pm at Yendurance Zone


We have already communicated to the Deans of the Constituent Colleges and copy of the same is enclosed herewith for your information.

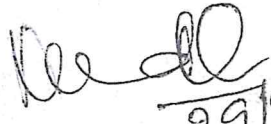
  
(Dr. G. Shreekumar Menon)  
Registrar

Copy to:

1. Yendurance Zone Incharge
2. Finance Officer
3. Academic Section

ATTESTED

  
Dr. Gangadhar Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

  
29/8/18  
Principal / Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018



**YENEPOYA  
UNIVERSITY**

(Recognized under sec 3(A) of the UGC Act, 1956)  
Accredited by NAAC with 'A' Grade

# *Report on Self Defense Technique Sessions*

---

## Organized by

**Internal Compliance Committee  
Yenepoya Nursing College  
Yenepoya University  
Deralakatte, Mangalore- 575018  
Karnataka, India**

04/10/2017 to 06/12/2017

**ATTESTED**

**Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka**



**INTERNAL COMPLIANCE COMMITTEE  
REPORT (04/10/2017 to 6/12/2017)**

Internal Compliance Committee of Yenepoya University under the aegis of sexual Harassment of women at workplace (prevention, Prohibition and Redressal) Act, 2013 organized self defense technique session for V batch from 04/10/2017 to 6/12/2017 for the female students of constituent colleges of Yenepoya University. The classes were started with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women. The classes were held on every Wednesday 5pm to 7pm at Yendurance zone, Yenepoya University. Total 78 students of I B Sc Nursing 2017 batch attended the session. The batch has undergone 8 classes and among 78 students 21 students shown interest to continue with the classes.



Figure 1. Orientation session



Figure 2. Practical Session

*[Signature]*  
6/12/17

**CHAIRPERSON/ MEMBER  
INTERNAL COMPLIANCE COMMITTEE  
YENEPOYA UNIVERSITY**

*[Signature]*

**DEAN/ PRINCIPAL / Dean  
YENEPOYA NURSING COLLEGE  
YENEPOYA UNIVERSITY**

**ATTESTED**

*[Signature]*

**Dr.Gangadhara Somayaji K.S.  
Registrar  
Yenepoya(Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka**



YENEPOYA  
UNIVERSITY

University Road,  
Deralakatte  
Mangalore - 575018  
Ph: 0824-2204667/68/69/71  
Fax: 0824-2203943

Ref: No. YU/REG/ACA/Self Defence Techniques/160/2017

03.10.2017

Chairperson  
Internal Complaints Committee

Sub: Self Defence Techniques for students of Yenepoya University

Ref: Letter No. YU/YNCGEN/193/2017 dated 23.09.2017 from the  
Chairperson, Internal Complaints Committee

\*\*\*\*\*

Permission is granted for your proposal to organize Self Defence Techniques for female students of Constituent Colleges of Yenepoya University on every week on Wednesday from 05.00 pm to 07.00 pm at Yendurance Zone

You are requested to maintain cleanliness and decorum at the Yendurance Zone during the session.

(Dr. G. Shreekumar Menon)  
REGISTRAR

Copy to:

1. The Principal, YMC/YDC/YPC/YPCRC
2. Yenedurance Zone I/C
3. Academic Section

Ms. Nithyashree to be informed.  
Date 21.  
6/10/17

ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka



# Report on Self Defense Technique Sessions

---

**Organized by**  
*Internal Compliance Committee*  
*Yenepoya Nursing College*  
Yenepoya University  
Deralakatte, Mangalore- 575018  
Karnataka, India

ATTESTED


  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore- 575 018, Karnataka

**REPORT ON SELF DEFENSE TECHNIQUE SESSIONS- 2015-2017**

The Internal compliance Committee of Yenepoya University under the aegis of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 is organizing self defense technique sessions for the female students/ women employees of Yenepoya University with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women. The students of Yenepoya Nursing College started with the self defense technique sessions in the month of September 2015 on every Wednesday between 5pm and 7pm by Mr. Mohammed Nadeem Chief Instructor of Shorin-Ryu Karate Association, Moodbidri and his team. Each batch of students underwent 8 classes in a session. During September 2015 to November 2017 five batches of nursing students of Yenepoya Nursing Collge underwent training. The details are mentioned below. Apart from sessions regular classes were arranged for those students who were interested to continue with the classes. Ms. Aswathy of 2013 batch B Sc Nursing student appeared for black belt exam and received black belt and certificate on 25/11/2017.

Batch	Date	No of students
I. B.Sc Nursing - 2013 batch P B B Sc Nursing - 2014 batch	12/10/2015 to 02/12/2015	60
II. B.Sc Nursing -2014 batch	13.01.2016 to 10.03.2016	95
III. B Sc Nursing -2015 batch	06/04/2016 to 04/05/2016	96
IV. B Sc Nursing -2016 batch	17/08/16 to 09/11/2016	89
V. B Sc Nursing -2017 batch	4/10/2017 (ongoing)	78

(Photos enclosed)

  
 Dean/Principal  
 Yenepoya Nursing College  
 Deralakatte,  
 Mangalore  
 Yenepoya University

**ATTESTED**  
  
 Dr.Gangadhara Somayaji K.S.  
 Registrar  
 Yenepoya(Deemed to be University)  
 University Road, Deralakatte  
 Mangalore- 575 018, Karnataka



Figure 1. Group photos 2015

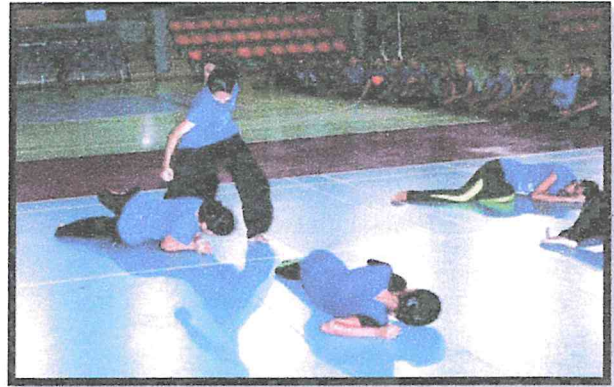


Figure 2. Practical Session 2015



Figure 3 Practical session 2016



Figure 4. Group Photos 2016



Figure 5. Group Photo 2017



Figure 6. Practical session 2017

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Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018 3

Black belt exam conducted on 25/11/2017 between 1.30pm and 3.30 pm

**Student name:** Ms. Aswathy T P

**Class:** IV B Sc Nursing

**Batch:** 2013

**College:** Yenepoya Nursing College, Yenepoya University.



Figure 1. Black belt Training




Figure 2. Honoring Certificate

ATTESTED  
*[Handwritten Signature]*

Dr.Gangadhara Somayaji K.S.  
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University Road, Deralakatte  
Mangalore- 575 018, Karnataka

*[Handwritten Signature]*  
Principal/Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore- 575018

Sl.No.	Information	Yes/No	Details (if any)																																	
1.	Introduction of Self-defense programmes for women studies	Yes	<p>The Internal compliance Committee of Yenepoya University under the aegis of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 is organizing self defense technique sessions for the female students/ women employees of Yenepoya University with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women.</p> <p>Year of start : 2015</p> <p>Mr. Mohammed Nadeem Chief Instructor of Shorin-Ryu Karate Association, Moodbidri, is the instructor.</p> <table border="1"> <thead> <tr> <th>Batch</th> <th>Date</th> <th>No of students</th> </tr> </thead> <tbody> <tr> <td>B.Sc Nursing - 2013 batch</td> <td>12/10/2015</td> <td>60</td> </tr> <tr> <td>P B B Sc Nursing - 2014 batch</td> <td>To 02/12/2015</td> <td></td> </tr> <tr> <td>B.Sc Nursing -2014 batch</td> <td>13.01.2016</td> <td>95</td> </tr> <tr> <td></td> <td>To 10.03.2016</td> <td></td> </tr> <tr> <td>B Sc Nursing -2015 batch</td> <td>06/04/2016</td> <td>96</td> </tr> <tr> <td></td> <td>To 04/05/2016</td> <td></td> </tr> <tr> <td>B Sc Nursing -2016 batch</td> <td>17/08/16</td> <td>89</td> </tr> <tr> <td></td> <td>To 09/11/2016</td> <td></td> </tr> <tr> <td>B Sc Nursing -2017 batch</td> <td>4/10/2017</td> <td>78</td> </tr> <tr> <td></td> <td>To 06/12/2017</td> <td></td> </tr> </tbody> </table> <p>Ms. Aswathy of 2013 batch B Sc Nursing student appeared for black belt exam and received black belt and certificate on 25/11/2017.</p>	Batch	Date	No of students	B.Sc Nursing - 2013 batch	12/10/2015	60	P B B Sc Nursing - 2014 batch	To 02/12/2015		B.Sc Nursing -2014 batch	13.01.2016	95		To 10.03.2016		B Sc Nursing -2015 batch	06/04/2016	96		To 04/05/2016		B Sc Nursing -2016 batch	17/08/16	89		To 09/11/2016		B Sc Nursing -2017 batch	4/10/2017	78		To 06/12/2017	
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**PRINCIPAL**  
 Principal/Dean  
 Yenepoya Nursing College  
 Deralakatte  
 Mangalore-575018

**ATTESTED**  
  
**Dr. Gangadhara Somayaji K.S.**  
 Registrar  
 Yenepoya (Deemed to be University)  
 University Road, Deralakatte  
 Mangalore-575 018, Karnataka



YENEPOYA  
UNIVERSITY

No. YU/REG/ACA/YNC/885/2015

University Road  
Deralakatte  
Mangalore - 575018  
Ph: 0824-2204667/68/69/71  
Fax: 0824-2203943

09.09.2015

The Principal  
Yenepoya Nursing College

Sub: Self Defense Techniques for female students of YU

Ref: Your Letter No. YU/YNC/GEN/173/2015 dated 31.08.2015

\*\*\*\*

Permission is hereby accorded to your proposal to organize a session on Self Defense Techniques for female students of the constituent colleges of the University. The classes shall be conducted by Mr. Mohammed Nadeem, Chief Instructor of Shorin - Ryu Karate Association, Moodbidri on Tuesday and Wednesday every week between 6.00 pm to 7.30 pm for 2 months duration. The session will be conducted in group of 60 students.


Remuneration @ Rs.10,000/- pm shall be paid to the Instructor.

  
REGISTRAR

Copy to:

2. The Principal, YDC/YMC/YPC
3. Finance Officer
4. Academic Section

ATTESTED

  
Dr.Gangadhara Somayaji K.S.  
Registrar  
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Mangalore-575 018, Karnataka

  
Principal / Registrar  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018





University Road,  
Deralakatte  
Mangalore - 575018  
Ph: 0824-204667/68/69/71  
Fax: 0824-2203943

Ref: No. YU/REG/ACA/Self .D/2016

16.03.2016

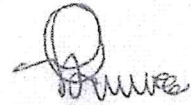
The Principal  
Yenepoya Nursing College

Sub: Self Defense Technique for students of Yenepoya University.

Ref: Your letter No. YU/YNC/GEN/66/2016 dated 15.03.2016

\*\*\*\*\*

Permission is granted for organizing session on Self Defense Technique for female students of the Constitute College of Yenepoya University on every Wednesday between 5 p.m and 7.00 p.m from 6<sup>th</sup> of April, 2016 at Yendurance Zone. A group shall consist of students upto a maximum of 100.



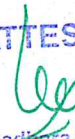
REGISTRAR

R

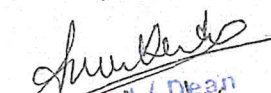
Copy to:

1. The Principal, YMC/YDC/YPC
2. Director, Physical Education
3. Yendurance Zone I/C
4. Finance Officer
5. Academic Section

ATTESTED



Dr. Gangadhara Somayaji K.S.  
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Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575018, Karnataka

  
Principal / Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore - 575018

# Programs on Nutritional Status related to Women

ATTESTED



Dr. Gangadhara Somayaji K.S.  
Registrar  
Yessouya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka

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c.	Course for Interns on Maternal Nutrition	116

**ATTESTED**



**Dr. Gangadhara Somayaji K S**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore 575 018, Karnataka.

**a. Details of PMSMA  
(Pretesting Maternal Nutrition Package under  
Pradhan Mantri Surakshit Mathritva  
Abhiyan) Course**

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Registrar  
Yenepoya (Deemed to be University)  
University Road, Derlakatte  
Mangalore - 575 018, Karnataka

original given to Dr. Madhuri &  
on copy sent by Speed post to  
UNICEF office on 8/9/18.

unicef | for every child

United Nations Children's Fund | UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana  
317A, MLA Colony, Road No. 12, Banjara Hills, Hyderabad, Telangana - 500 034 India  
Telephone: 040 23477200, 23540-712, 722, 744, 239 | Facsimile: 040 23555156 | hyderabad@unicef.org | <http://unicef.in/Andhra-Pradesh>

SSFA Reference: SSFA/2018/03

29 August 2018

**Dr. M. Vijaya Kumar**  
Vice Chancellor  
Yenepoya University  
University Road  
Deralakatte  
Mangalore 575018  
Karnataka

Dear Dr. Vijaya Kumar,

**Small Scale Funding Agreement on "Pretesting Maternal Nutrition Package under Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)"**

1. I am writing on behalf of the United Nations Children's Fund ("UNICEF") to confirm UNICEF's agreement to make available cash assistance to Yenepoya University an amount not exceeding INR 123,600 (Indian Rupees One Lakh Twenty Three Thousand and Six Hundred Only) and supplies as outlined in the Terms of Reference (the "Resources"). The Resources are to strengthen the Organization's capacity to implement the activity (the "Activity") detailed in the Terms of Reference attached to this letter agreement as Annex I. The Resources are governed by this letter agreement, the Terms of Reference attached as Annex I, and the General Conditions that Conditions that are found on the public internet at [http://www.unicef.org/about/partnerships/files/General\\_Terms\\_and\\_Conditions.docx](http://www.unicef.org/about/partnerships/files/General_Terms_and_Conditions.docx) (hereinafter "Small-Scale Funding Agreement" or "SSFA").
2. Transfer of Resources. UNICEF will transfer the amount of the cash assistance as soon as possible after it receives a copy of this SSFA signed by both Parties and the FACE form as per terms agreed in the Terms of Reference. The Implementing Partner understands that the amount of the cash assistance will not be increased by UNICEF under any circumstances, including in cases of currency fluctuations or price increase. UNICEF will transfer the cash assistance to organisation by wire transfer to the following bank account:  
Bank name: Vijaya Bank  
Bank address: Light House Hill Road, Mangalore  
Account title: Yenepoya University  
Account No.: 113200301000314  
Account-Currency: Indian Rupees (INR)  
Routing No.: IFSC Code VJIB0001132  
Bank contact person: Branch Manager
3. Subject to availability, UNICEF will transfer any supplies as outlined in the Terms of Reference. The Implementing Partner will become owner of the supplies when it receives them. If UNICEF agrees to store the supplies for the Implementing Partner or hold them on the Partner's behalf, the Implementing Partner will become owner of those supplies as agreed between UNICEF and the Implementing Partner. Exceptionally, UNICEF may decide in writing that UNICEF shall remain the owner of the supplies transferred to the Implementing Partner.
4. Implementation and Monitoring of the Activity. Implementing Partner will implement the Activity in conformity with the terms of this SSFA, in particular, Implementing Partner will: (a) undertake the Activity in accordance with the budget, schedule and other details set out in the Terms of Reference; (b) make any designated contribution listed in the Terms of Reference; (c) undertake the Activity with diligence and efficiency; (d) procure any goods or services using the Funding with due consideration to "best value for money" and in agreement with UNICEF; (e) exercise the

**ATTESTED**  
  
**Madhuri K.S.**  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka

highest standard of care when administering the Resources. UNICEF will monitor the implementation of the Activity, in accordance with UNICEF's standard procedures for monitoring and evaluating activities and funds. Implementing Partner will provide full cooperation to UNICEF for such monitoring and evaluation, and will require to its employees and personnel to fully cooperate with UNICEF in connection with such monitoring and evaluation.

5. Managing the Resources. Implementing Partner will maintain clear, accurate, complete and up-to-date books and records showing the funds received from UNICEF under this SSFA, as well as disbursements made by the Implementing Partner, including any unspent balance. Implementing Partner will cooperate with UNICEF with any review of the way the cash assistance was administered and spent and how supplies were stored and utilized, and will require its employees and personnel to fully cooperate with UNICEF with such a review.
6. Reports; Returning Unspent Balance. Implementing Partner will provide UNICEF with reports, and frequency of such reporting will be done, in accordance with the requirements in the Terms of Reference. Implementing Partner will return to UNICEF any unspent balance of the cash assistance at the expiration or early termination of this SSFA.
7. Other Matters. This SSFA becomes effective when UNICEF receives a copy duly signed by both parties. It will be valid until the end date detailed in Annex I. If the Parties have disagreements about the project or the implementation of this SSFA, they will use their best efforts to settle those disagreements amicably. If a disagreement cannot be settled amicably it will be decided finally by the UNICEF Regional Director of South Asia (ROSA) and the Organisation will respect and implement that decision. UNICEF's privileges and immunities are not waived.
8. Please confirm your agreement with the foregoing, on behalf of Organisation, by signing, dating, and returning to us the enclosed copy of this Letter Agreement.

Yours sincerely,

United Nations Children's Fund

By Meital Rusdia  
Meital Rusdia  
Chief of Field Office  
UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana

Date: 29.08.2018

Agreed on behalf of Yenepoya University,

By Dr. M. Vijaya Kumar  
Dr. M. Vijaya Kumar  
Vice Chancellor  
Yenepoya University

Date: 08.09.2018



ATTESTED

Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore- 575 018, Karnataka

**ANNEX-1  
TERMS OF REFERENCE**

<b>Start date:</b>	1 September 2018	<b>End date:</b>	31 December 2018
<b>Title and purpose of the partnership</b>			
<b>Title of the collaboration:</b> Pretesting Maternal Nutrition Package under Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA).			
<b>Brief description of the collaboration:</b> As per NFHS-4, Karnataka is among the states in India with ANC rates around 82%, which is much more progressive than the national average. However within ANC some indicators like Consumption of IFA for atleast 100 days by pregnant women, identification of women at nutritional risk during pregnancy and counselling services are still at sub optimal levels. The Maternal Nutrition Package under PMSMA is a comprehensive compilation of essential maternal nutrition services to be provided to women during pregnancy utilizing various platforms at community and facility level. The present collaboration with Yenepoya Medical College, Mangalore will be to support pretest of the package at three different levels- Tertiary level (Medical College, ANC Clinic), Secondary level (2 PHCs in Mangalore District- Kurnad & Boliyard) and Primary level (VHND points, Rural Health Training Center, an outreach of Dept of Community Medicine and Mathrupoorna Sites).			
<b>Expected results</b>			
<b>Country Programme Output:</b> By 2022, government and partners have enhanced capacities to generate demand for positive practices that improve the nutritional status of children, adolescents and women.		<b>Country Programme Indicator:</b> The overall percentage of eligible pregnant women who received at least 100 IFA tablets under MoH antenatal contact point; The number of states with no IFA (red IFA) supply stock-out in supply stock-out in last six months	
<b>Expected Results :</b> Comprehensive Maternal Nutrition Package of services are implemented and practices in identified sites in Mangalore district. The functionaries (ANMs and staff nurses) have improved capacities to deliver the package at respective facility and community levels.			
<b>Specific Implementation Arrangements or Conditions</b>			
Any data produced through this evaluation would belong to the State of Karnataka. Any sharing or publication of data produced outside the project team would need to be cleared by the office of the Commissioner of Health and Family Welfare.			

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Budget		
Name/description of activity	UNICEF cash contribution (INR)	
Activity 1: Pretesting of Comprehensive Maternal Nutrition Package in three sites of Karnataka	115,600	
Operations costs	8,000	
<b>Total Cash Contribution (INR)</b>	<b>1,23,600</b>	
Additional resources contributed by UNICEF		
Supplies	Units	Total values in [INR]
Adult MUAC Tapes	100	1000
Other inputs		
Technical assistance would be provided by UNICEF Nutrition Specialist and UNICEF supported Consultants in Health.		
Contribution of the Partner (optional)		
Office infrastructure and facilities will be provided by the Implementing partner.		
Monitoring and Reporting		
FACE form	Upon signing of agreement	
Performance reporting	Programme Progress Monthly Reports and Final Report	
Other reporting, if applicable	Financial reporting at end of project	
Partner focal point	Dr Madhavi Bhargava, Assistant Professor, Dept of Community Medicine, Yenepoya Medical College. Deputy Head, Center for Nutrition Studies, Yenepoya (Deemed to be University) E-mail : <a href="mailto:madhavibhargava4@gmail.com">madhavibhargava4@gmail.com</a>	
UNICEF focal point	Dr. Khyati Tiwari, Nutrition Specialist, UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana, <a href="mailto:ktiwari@unicef.org">ktiwari@unicef.org</a>	

**ATTESTED**  


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## **b. Details of NAT(Nutritional Assessment Techniques) Course**

**ATTESTED**



Dr. Gangadhara Somayaji K.S.  
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Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore - 575 018, Karnataka



# Center for Nutrition Studies

Yenepoya (Deemed to be University),  
Recognized under Sec 3(A) of the UGC Act 1956  
Accredited by NAAC with 'A' Grade

University Road, Deralakatte, Mangaluru - 575 018  
Ph.: 2204668 | Fax : 0824-2204664 | Email : cns@yenepoya.edu.in



## Report of Short Course on 'Nutritional Assessment Techniques'

A 4- day short course on nutritional assessment techniques was organized by the Center for Nutrition Studies with support from UNICEF (GRANT REFERENCE NO: SSFA/2019/07). There were a total of 12 resource persons with eight of them from leading national and international institutions. These included National Institute of Nutrition, Hyderabad, St John's Research Institute, Bangalore, National Centre for Excellence and Advanced Research in Diets (NCEARD) and AIIMS in New Delhi, National Institute of Health and Welfare and University of Tampere in Finland.

The inaugural function of the course was presided over by Mr Farhaad Yenepoya, Hon'ble Pro-Chancellor, Yenepoya (Deemed to be University) in the presence of Prof. CV Raghuv eer, Pro Vice Chancellor of Yenepoya (Deemed to be University), Dr Khyati Tiwari, Nutrition Specialist, UNICEF, Dr Suvi Virtanen from National Institute of Health and Welfare and University of Tampere and Dr Anurag Bhargava, Head, Center for Nutrition Studies.

Thirty-two participants were trained over 4 days in this course at Lecture Hall, EMD building. The participants comprised of nutritionists from Mangalore, Mysore, Chennai, Manipal, Hyderabad, public health specialists from medical colleges in Mangalore, Mumbai, Davangere; programme officers from the Tata Trusts, representatives of voluntary organisations based in Odisha and Telangana, doctoral students, nursing faculty, UNICEF and NCEARD consultants.

The topics covered included theory and practical sessions on various methods of dietary assessments, basic and advanced anthropometry and body composition, maternal nutrition, physical activity and functional assessment. There were lectures on dietary policy at population level, recommendations on dietary intakes and biomarkers in nutrition.

### COURSE FACULTY

Anura Kurpad	St John's Research Institute, Division of Nutrition, Bangalore
Anurag Bhargava	Center for Nutrition Studies and Yenepoya Medical College
Madhavi Bhargava	Center for Nutrition Studies and Yenepoya Medical College
Mansi Chopra	National Center for Excellence and Advanced Research in Diet, New Delhi
Prashath T	St John's Research Institute, Division of Nutrition, Bangalore
Raja Mamidi	National Institute of Nutrition, Hyderabad
Rebecca Raj	St John's Research Institute, Division of Nutrition, Bangalore
Sivakumar	Yenepoya Physiotherapy College
Sumathi Swaminathan	St John's Research Institute, Division of Nutrition, Bangalore
Suvi Virtanen	National Institute of Health and Welfare & University of Tampere, Finland
Tarja Kinnunen	University of Tampere, Finland
Vina Pais	Yenepoya Physiotherapy College

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Mangalore-575 018, Karnataka

**PROFILE OF COURSE PARTICIPANTS**

1.	Dr Abdul Jaleel	National Center for Excellence and Advanced Research in Diets (NCEARD), Consultant, New Delhi
2.	Dr Pallavi Gupta	NCEARD, Consultant, New Delhi
3.	Ms Tashi Choedon	NCEARD, Consultant, New Delhi
4.	Ms Naman Kaur	NCEARD, Consultant, New Delhi
5.	Ms Priyanshu Rastogi	NCEARD, Consultant, New Delhi
6.	Dr Arpita Jain	Gandhi Medical College, Bhopal
7.	Dr Sandhya Rani Javalkar	JJ Medical College, Davangere
8.	Dr.Shubha Davalgi Bakkappa	JJ Medical College, Davangere
9.	Mrs Pallavi Shettigar	Faculty, WGSMA, MAHE
10.	Mrs Swathi Acharya	Faculty, WGSMA, MAHE
11.	Dr Narasimha Rao	UNICEF, Hyderabad
12.	Ms Ruchi Sareen	UNICEF, Hyderabad
13.	Dr Vishwanath	UNICEF, Bangalore
14.	Dr Anuradha Mohapatra	Seth GS MC & KEM Hospital, Mumbai
15.	Poulomi Chatterjee	Yenepoya Medical College
16.	Dr Randall Sequera	Kalahandi, Orissa
17.	Dr Leena KC	Yenepoya Nursing College
18.	Shycil Mathew	Yenepoya Nursing College
19.	Gauri Vaze	United Way, Hyderabad
20.	Angelene Cynthia Rani	Tamil Nadu Govt Multi Super Specialty Hospital
21.	Abid Ahmed G	UNICEF, Karnataka
22.	Dr Khyati Tiwari	Nutrition Specialist, UNICEF, Hyderabad
23.	Puneetha P	University of Mysore
24.	Akshatha Thantry	University of Mysore
25.	Binod Das	Tata Trusts, Mumbai
26.	Govinda Madhab Murari	Tata Trusts, Mumbai
27.	Anchal Purbey	UNICEF, New Delhi
28.	Dr Avinash Kumar	KMC Mangalore
29.	Monica Kothari	TAG-VHS Endocrinology and Diabetes Centre
30.	Harshitha Raja	Center for Nutrition Studies, Yenepoya
31.	Dr Sandip Ghosh	UNICEF, Hyderabad
32.	Dr Rohin	KSHEMA, Mangalore

The course fee was 1500 INR and included shared accommodation and all meals and snacks during the course.

The course was highly appreciated by the participants with average scores of 4.5/5 on the course organization and content.

**ATTESTED**  


**Dr.Gangadhara Somayaji K.S.**  
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Mangalore-575 018, Karnataka

The Course Schedule was as follows:


DAY 1: 27 <sup>th</sup> May, 2019				
Time	Mode	Topic	Duration	Faculty
9:00 AM		Introduction	15 minutes	Madhavi Bhargava
9:15 - 10:00 AM	Lecture	Maternal and Child Nutrition	45 minutes	Suvi Virtanen
10:00 - 10:30 AM	Inaugural function			
Dietary assessment:				
10:30 - 11:15 AM	Lecture	Nutritional intake in Indian population: current status and trends	45 minutes	Raja SriswanMamidi
11:15 - 12:15 AM	Lecture	Diet as an exposure	60 minutes	Tarja Kinnunen
12:15 to 1:00	Lecture	Maternal nutrition in Indian Context	45 minutes	Mansi Chopra
1:00-2:00	Lunch with faculty			
2:00 - 3:30 PM	Lecture	Measurement of food and nutrient intake	90 minutes	Suvi Virtanen & Mansi Chopra
3:30 - 4:15 PM	Instructions	Keeping food diary and 24 hour recall	45 minutes	Tarja Kinnunen & Mansi Chopra
4.30 pm. onwards	Campus tour: Central Kitchen			
7 pm. onwards	Cultural event and dinner			
DAY 2: 28 <sup>th</sup> May, 2019				
Dietary assessment, Food databases, Nutrient calculation, Food policy				
9:00 - 10:00 AM	Lecture	Food databases used in food and nutrient calculations including IFCT	60 minutes	Suvi Virtanen / Raja Sriswan
10:00 - 11:00 AM	Lecture and demonstration	Indian food databases and nutrient calculation	60 minutes	Gurdeep Kaur
11:00 - 11:30 AM	Lecture	Dietary surveys in India, the NIN experience	30 minutes	Raja Sriswan
11:30 - 1:00 PM	Practical	24 hour recall	90 minutes	Tarja Kinnunen and Mansi Chopra
1:00-2:00	Lunch with faculty			
2:00 - 3:30 PM	Practical	Food frequency questionnaire	90 minutes	Tarja Kinnunen and Mansi Chopra
3:30 - 4:30 PM	Lecture	Food policy: Success stories from Finland	60 minutes	Suvi Virtanen
4.30 - 5.30 p.m	Campus tour: Food craft / Yenepoya Research Center			

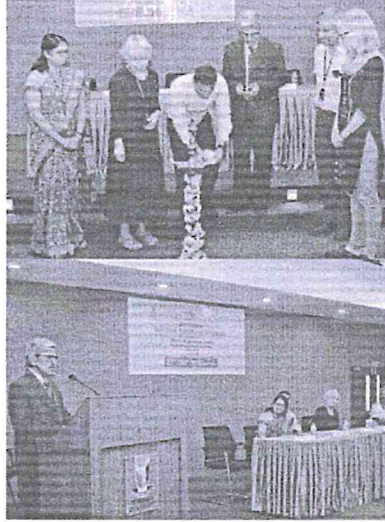
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DAY 3: 29 <sup>th</sup> May, 2019				
Food diary, Biomarkers, Anthropometric techniques, WHO Anthroplus software				
8.30 - 10:00 AM	Practical	Food diary	90 minutes	Tarja Kinnunen and Mansi Chopra
10.00 - 10.45 AM	Lecture	Biomarkers in nutritional assessment	45 minutes	Prashant
10.45 - 11.30 AM	Lecture	Clinical assessment, basic anthropometry	45 minutes	Anurag Bhargava
11.30 - 12.00 PM	Practical	Anthropometric techniques - 1	30 minutes	Anurag Bhargava, Madhavi Bhargava, Harshita Raja, Rebecca Raj
12.00 - 1.00 PM	Lecture	Anthropometric techniques- Body composition	60 minutes	Rebecca Raj
1:00 - 2:00	Lunch with faculty			
2.00 - 2.45 PM	Practical	Body composition (skin fold, BIA)	45 minutes	Rebecca Raj, Mansi Chopra, Anurag Bhargava
2.45 - 3.30 PM	Lecture	Assessment of physical activity	45 minutes	Sumathi Swaminathan
3.30 - 4.15 PM	Demonstration	Functional assessment including hand-grip dynamometry	45 minutes	Sivakumar, Veena Pais
4.15 - 5.30 pm	Campus Tour: Simulation center and Skills lab			
DAY 4: 30 <sup>th</sup> May, 2019				
Special Topics:				
9:00-9.45 AM	Lecture	Nutritional assessment of pregnant mothers	45 minutes	Mansi Chopra
9.45 - 10.30 AM	Lecture	Software for nutritional assessment in children and adolescents: WHO Anthro	45 minutes	Raja Sriswan
10.15 - 11:00 AM	Practical	Hands on activity: Anthro software	45 minutes	Raja Sriswan and Madhavi Bhargava
11.15 - 12.00 AM	Lecture	Perspective on Nutritional assessment: BMI and the Asian cut-offs	45 minutes	Anura Kurpad
12.00 - 12.45 AM	Lecture	Nutritional requirements for Indian population: Time for a change	45 minutes	Anura Kurpad
12.45 - 1.15 PM	Feedback from Participants and Valedictory function			

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**Photographs of Inaugral function**

*ABC Group*

02/06/2019  
**Dr. Anurag Bhargava**

Head, Center for Nutrition Studies  
Yenepoya (Deemed to be University)  
Deralakatte, Mangalore-575018

**ATTESTED**

*[Signature]*

**Dr. Gangadhara Somayaji K.S.**  
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Mangalore-575 018, Karnataka

unicef for every child

United Nations Children's Fund | UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana  
5/7A, SVA Colony Road, No. 12, Banjara Hills, Secunderabad, Telangana - 500 035 India  
Telephone: 011 25477100, 25477110, 122, 744, 235 | Facsimile: 91-25455155 | Hyderabad | [www.unicef.org/india](http://www.unicef.org/india) | [www.unicef.org/india/press](http://www.unicef.org/india/press)

02 May 2019


Dr. M. Vijaykumar  
Vice Chancellor  
[cns@yenapoya.edu.in](mailto:cns@yenapoya.edu.in)  
Yenapoya (Deemed to be University)  
Mangaluru  
INDIA

Re: Research and Capacity Building in Nutrition Program through technical documentation on analysis of malnutrition status of adolescents and a short course on 'Nutrition Assessment Techniques'

Dear Dr. M. Vijaykumar:

1. I am writing on behalf of the United Nations Children's Fund ("UNICEF") to confirm UNICEF's agreement to make available cash assistance to Yenapoya (Deemed to be University) (Yenapoya) in an amount not exceeding [Seven Lakhs Twenty-Seven Thousand Six Hundred Only] [Indian Rupees] (INR 7,27,600) and supplies as outlined in the Terms of Reference (the "Resources"). The Resources are to strengthen the Organisation's capacity to implement the activity (the "Activity") detailed in the Terms of Reference attached to this letter agreement as Annex I. The Resources are governed by this letter agreement, the Terms of Reference attached as Annex I, and the General Conditions that are found on the public internet at [https://www.unicef.org/about/partnerships/files/SSFA\\_Terms\\_n\\_Conditions.docx](https://www.unicef.org/about/partnerships/files/SSFA_Terms_n_Conditions.docx) (hereinafter "Small-Scale Funding Agreement" or "SSFA").

2. Transfer of Resources. UNICEF will transfer the amount of the cash assistance as soon as possible after it receives a copy of this SSFA signed by both Parties and the FACE form as per terms agreed in the Terms of Reference. The Implementing Partner understands that the amount of the cash assistance will not be increased by UNICEF under any circumstances, including in cases of currency fluctuations or price increase. UNICEF will transfer the cash assistance to Organisation by cheque or wire transfer to the following bank account:

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Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenapoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore-575 018, Karnataka


Bank name: VIJAYA BANK  
Bank address: Light House Hill Road Mangalury Karnataka  
Account title: YENEPOYA UNIVERSITY  
Account No.: 113200301000314  
Account Currency: INR  
Routing No.: VIJB0001132  
Bank contact person:

3. Subject to availability, UNICEF will transfer any supplies as outlined in the Terms of Reference. The Implementing Partner will become owner of the supplies when it receives them. If UNICEF agrees to store the supplies for the Implementing Partner or hold them on the Partner's behalf, the Implementing Partner will become owner of those supplies as agreed between UNICEF and the Implementing Partner. Exceptionally, UNICEF may decide in writing that UNICEF shall remain the owner of the supplies transferred to the Implementing Partner.

4. Implementation and Monitoring of the Activity. Implementing Partner will implement the Activity in conformity with the terms of this SSFA, in particular, Implementing Partner will: (a) display the highest standard of conduct in ensuring that the core values of the United Nations, the Conventions on the Rights of the Child, Elimination of All Forms of Discrimination Against Women and Rights of Persons with Disabilities are respected; (b) undertake the Activity in accordance with the budget, schedule and other details set out in the Terms of Reference; (c) make any designated contribution listed in the Terms of Reference; (d) undertake the Activity with diligence and efficiency; (e) procure any goods or services using the Funding with due consideration to "best value for money" and in agreement with UNICEF; (f) exercise the highest standard of care when administering the Resources. UNICEF will monitor the implementation of the Activity, in accordance with UNICEF's standard procedures for monitoring and evaluating activities it funds. Implementing Partner will provide full cooperation to UNICEF for such monitoring and evaluation and will require to its employees and personnel to fully cooperate with UNICEF in connection with such monitoring and evaluation.

5. Managing the Resources. Implementing Partner will maintain clear, accurate, complete and up-to-date books and records showing the funds received from UNICEF under this SSFA, as well as disbursements made by the Implementing Partner, including any unspent balance. Implementing Partner will cooperate with UNICEF with any review of the way the cash assistance was administered and spent and how supplies were stored and utilized, and will require its employees and personnel to fully cooperate with UNICEF with such a review.

6. Reports; Returning Unspent Balance. Implementing Partner will provide UNICEF with reports, and frequency of such reporting will be done, in accordance with the requirements in the Terms of Reference. Implementing Partner will return to UNICEF any unspent balance of the cash assistance at the expiration or early termination of this SSFA.

ATTESTED  
  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore- 575 018, Karnataka



7. Other Matters. This SSFA becomes effective when UNICEF receives a copy duly signed by both Parties. It will be valid until the end date detailed in Annex I. If the Parties have disagreements about the project or the implementation of this SSFA, they will use their best efforts to settle those disagreements amicably. If a disagreement cannot be settled amicably it will be decided finally by the UNICEF respective Regional Director and the Organisation will respect and implement that decision. UNICEF's privileges and immunities are not waived.

*Note to UNICEF user: Replace with "Deputy Executive Director Field Results Group" in UNICEF New York Headquarters in case the form is used by Regional Office*

8. Please confirm your agreement with the foregoing, on behalf of Organisation, by signing, dating, and returning to us the enclosed copy of this Letter Agreement.


Very truly yours,

United Nations Children's Fund

By   
Meital Rusdia  
Chief of Field Office

Date: 02 May 2019

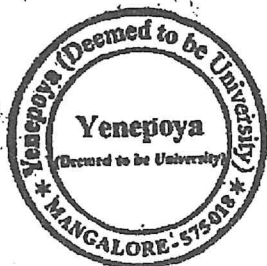
AGREED ON BEHALF OF Yenapoya (Deemed to be University) :

By   
Dr. M. Vijaykumar  
Vice Chancellor


Date:

Vice Chancellor  
Yenapoya (Deemed to be University)

SSFA Reference: SSFA/2019/07



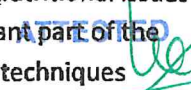
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**ANNEX-1  
TERMS OF REFERENCE**

SSFA Reference: SSFA/2019/07

<b>Start date:</b>	06-May-2019	<b>End date:</b>	30-Sep-2019
<b>Title and purpose of the partnership</b>			
<p><b>Title of the collaboration:</b> Research and Capacity Building in Nutrition Program through technical documentation on analysis of malnutrition status of adolescents and a short course on 'Nutrition Assessment Techniques'</p> <p><b>Brief description of the collaboration:</b> The objective of this collaboration is to undertake research and capacity building in nutrition program through technical document preparation on analysis of malnutrition figures of adolescents (15-19 years) in NFHS-3 and NFHS-4 and a Short course in 'Nutrition Assessment Techniques.'</p> <p>Technical document preparation on analysis of Malnutrition status among adolescent: According to WHO, stunting in adolescents is defined as height-for-age z-score &lt;2 SD and thinness as Body Mass Index (BMI) for age z-score of &lt;2SD. In NFHS-3 and NFHS-4, adolescents in the age group of 15-19 have been included in the survey. Their nutritional status has been classified using adult BMI cut-off where proportion less than 18.5 kg/m<sup>2</sup> is considered as thin. Proportion of girls thus classified as thin was 46.8% and boys as 58.1% in NFHS-3. Similarly in NFHS-4 it was 42% and 45% respectively for boys and girls. These might be overestimations as they utilize adult cut-offs. The objective of this present study is to re-analyze the anthropometric parameters of adolescents included in the NFHS-4 survey using age appropriate cut-offs and to compare the difference in estimates.</p> <p>Short Course on Nutrition: This 4- day course on nutritional assessment techniques is meant for nutritionists as well as clinicians and public health professionals who are interested in nutritional care and research at clinic or community level</p>			
<b>Expected results</b>			
<p><b>Country Programme Output:</b> Output: By 2022, in UNICEF supported states, government and partners have enhanced capacity to scale up nutrition services for adolescent girls and women (before, during and after pregnancy)</p>		<p><b>Country Programme Indicator:</b> State reports no IFA blue stock out in last six months.</p>	
<p>Brief description of expected results. It is important to estimate the burden of malnutrition in this age-group with age appropriate cut-offs so as to plan the public health policy and interventions. Stunting in adolescents delays normal maturation and has widespread implications on health outcomes. Almost 25% of an individual height is attained during adolescence. Short stature women are at higher pregnancy risk. Thinness has implications on poor pregnancy outcomes like low birth weights. Moreover, BMI is a validated indicator of total body fat at upper percentiles but is not fully validated as an indicator of undernutrition in adolescents. Moreover, presently national surveys are using adult cut-offs for estimating adolescent undernutrition. If the difference in estimates using the right cut-offs is significant, a policy decision can be recommended for the up-coming similar survey.</p>			
<p>Nutrition is one of the foundations of health in an individual as well as in a community. Nutritional issues like undernutrition on one hand and overweight/obesity on the other underlie a significant part of the preventable morbidity and premature mortality in a population. Nutritional assessment techniques range from dietary assessment to anthropometry including assessment of body composition, and clinical and functional assessment. These are fundamental to formulation of a dietary prescription at the level of</p>			

  
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a clinic or a dietary policy for a population. Professionals working in the spheres of healthcare, nutrition and public health need to be aware of the modalities of nutritional assessment, their strengths and limitations, and their application in the nutritional care process.

**Specific Implementation Arrangements or Conditions**

[This is optional, enter "Not Applicable" if not relevant. Specify any additional conditions or considerations of the collaboration with the partner. List any attached documents that specify additional considerations for the collaboration]

**Budget**

Name/description of activity	UNICEF cash contribution [INR]
Activity 1.1 : Re-visiting the Malnutrition Figures of Adolescents (15-19 Years) In NFHS-3 and NFHS-4	2,60,000
Activity 1.2 : Short Course on "Nutritional Assessment Techniques"	4,67,600
<b>Total cash contribution</b>	<b>7,27,600</b>

**Additional resources contributed by UNICEF**

Supplies	Units	Total value in [currency]
Supply Item 1	0	0

**Other inputs**

[Specify any other inputs from UNICEF, such as technical assistance]

**Contribution of the partner**

[A partner contribution is not required for SSFAs. However, if the partner is making a contribution (cash or in-kind) then it should be noted]

**Monitoring and Reporting**

FACE form	30 September 2019
Performance reporting	30 September 2019
Other reporting, if applicable	Not applicable
Partner focal point	Dr Madhavi Bhargava, Associate Professor, madhavibhargava4@gmail.com
UNICEF focal point	Dr Khyati Tiwari, Nutrition Specialist, <a href="mailto:ktiwari@unicef.org">ktiwari@unicef.org</a>

**ATTESTED**

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# **C.Course for Interns on Maternal Nutrition**

**ATTESTED**



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To,  
The Principal,  
Yenepoya Medical College  
Yenepoya (Deemed to be University)

2/04/2019

**Subject: Report of Refresher Course for Interns on Maternal Nutrition**

Respected Sir,

The Center for Nutrition Studies, Yenepoya (Deemed to be University) and Medical Education Unit, supported by UNICEF (Office of Hyderabad) conducted a Refresher Course on Maternal Nutrition for the Medical Interns of 2014 Regular Batch.

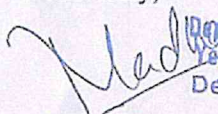
Date: 29 March, 2019; Time: 2 – 4 PM; Venue: Auditorium EMD Building

There were 81 participants, the attendance sheet is attached. The course schedule was as follows:

Time	Session	Resource Person
2:00 PM	Opening Remarks by Principal sir	Dr Moosabba M.S.
2:15 – 2:45 PM	Update on status of maternal health and nutrition in India and its implications	Dr Anurag Bhargava
2:45 – 3:15	Nutritional assessment of pregnant mothers. Identification of at-nutritional risk mothers	Dr Madhavi Bhargava
3:15 – 3:45	Nutritional counselling of pregnant mothers with updates on schemes for nutritional supplementation	Dr Akshaya KM
3:45 – 4:00	Question and answers and refreshments	--

We thank you for encouragement and facilitation provided.

Sincerely,

  
**Dr. Madhavi Bhargava**  
Deputy Head, Center for Nutrition Studies  
Yenepoya (Deemed to be University)  
Deralakatte, Mangalore-575018

Dr Madhavi Bhargava

Deputy Head, Center for Nutrition Studies

Principle Investigator, UNICEF Project on Maternal Nutrition


Copy to:

Registrar for information

Dr Anurag Bhargava, Head, Center for Nutrition Studies

Dr Rashmi Jain, MEU Co-ordinator

**ATTESTED**

  
**Dr. Gangadhara Somayaji K.S.**  
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# Theses and Dissertation topics on women Health and Wellness

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## Theses and Dissertation topics on women Health and Wellness

### Total Theses and Dissertation topics on women -42

Sl. No	Year of Registration	Name of the candidates	Departments	Title of Theses and Dissertation	Guide
1.	2015	Ms. G. Prathiba	Community Health Nursing	Efficacy of multimodal nursing intervention to prevent lymphedema among patients who have undergone mastectomy in selected hospital at mangalore	Dr. Asha P. Shetty
2.	2015	Dr. Reeba Mary Issac	Pathology	BRCA gene mutation analysis and histopathological correlation in female cancer patients attending a tertiary care Centre in Kerala.	Dr. Prema Carmela
3.	2015	Ms. Varsha Saxena	Microbiology	Detection and genotyping of human papillomavirus and its role in cervical cancer in sexually active women attending tertiary care hospital	Dr. Vidya Pai
4.	2015	Dr. Mayuri Verma	OBG	Comparative study of pregnancy outcome in patients with isolated oligohydramnios with patients with borderline afluid normal afluid	Dr. Sadiqunnisa
5.	2015	Dr. Tariq Ahmed	Ophthalmology	A clinical profile of dry eye in healthy women during phases of varying physiological sex hormones	Dr. Cynthia Arunachalam
6.	2015	Dr. Ananta Kumar	Community Medicine	A study on quality of intranatal and early neonatal care among mothers residing in rural field practice area of a teaching institution	Dr. Abhay S Nirgude
7.	2015	Rosily Sebastian	Obstetrics and Gynecological Nursing	“An exploratory study to assess the prevalence of minor ailments and home remedies followed by antenatal mothers for minor ailments of pregnancy in a selected hospital at Mangaluru”	Mrs. Vinaya Kumary T
8.	2015	Geetha P	MSW	A Study of the Knowledge of Breast Cancer, Screening and Breast Self Examination among the Rural Women in Vorkady Village of Kasargod Taluk	Dr. Irene Veigas
9.	2016	Ms. Mudasir Rashid Baba	Physiotherapy	Effects of Scientific Exercise Approach to Scoliosis (SEAS) on Idiopathic Scoliosis in pre - Pubertal Girls- A Prospective Clinical Study	Dr.R.M.Shenoy
10.	2016	Ms. Nigat Fathima P.A.	Physiotherapy	The impact of community based exercise programme on glycemic control, physical fitness and quality of life among type 2	Dr. Abhay Nirgude,

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				diabetic and pre-diabetic female patients – A quasi experimental study”	
11.	2016	Ms. Vinitha D'Souza	Obstetrics and Gynecological Nursing	“Factors influencing exclusive breastfeeding practices among working and non- working mothers: A Mixed method approach”	Dr. Prakash Saldanha
12.	2016	Ms. Reena Wilma Frank	OBG Nursing	“Effectiveness of Multi Modular Interventions (MMI) of Lifestyle Modification on Severity Symptoms of Polycystic Ovarian Syndrome (PCOS) and Quality of life Among Women of Selected Hospitals at Mangaluru.	Dr. Rajagopal K
13.	2016	Ms. Pramila D'Souza	OBC Nursing	“Effectiveness of resistance and aerobic exercises on glycemic control and maternal outcome among women with gestational diabetes mellitus in selected hospitals, Mangaluru.”	Dr. Rajagopal K
14.	2016	Ms. Smitha D	Physiotherapy	Screening for hand function and factors influencing hand performance among beedi rollers and Non beedi rollers	Dr. Shivaram Bhat
15.	2016	Dr. Poornima M S	MD/MS Obstetrics & Gynaecology	Evaluation and correlation of transvaginal endometrial thickness finding with histopathological examination in perimenopausal women with abnormal uterine bleeding	Dr. Sadiq Unnisa
16.	2016	Dr. Faswila M	MD/MS Obstetrics & Gynaecology	A study of gynaecological problems in adolescent girls	Dr. Sally Mary Abraham
17.	2016	Dr. Radhika M	MD/MS Obstetrics & Gynaecology	Transvaginal ultrasonographic measurement of cervical length in mid- trimester of pregnancy in prediction of preterm delivery and its neonatal outcome	Dr. Bhavana Sherigar
18.	2016	Dr. Jasila Akbar	MD Pathology	Histopathological and immunohistochemical study of breast carcinoma with special reference to expression of cd10	Dr. PremaSaldanha
19.	2016	Dr. Kalathingal Kamarunisha Aboobacker	MD Pathology	A comparative study of conventional pap smear with liquid based cytology for early diagnosis of cervical cancer	Dr. M.H Shariff
20.	2016	Amrutha V	Obstetrics and Gynecological Nursing	Study to assess the effectiveness of yoga therapy among women experiencing menopausal symptoms in a selected area at Mangaluru.	Mrs. Vinaya Kumary T

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21.	2016	Insha Maqbool	Community health nursing	Study to assess the knowledge and perception of Kishori Shakti Yojana services among adolscent girls of a seleted community with a view to develop an informattion guide sheet.	Dr. Leena KC
22.	2016	Srikripa Padmanabhan	MSW	A Study To Assess The Knowledge, Risk Factors And Prevention Of Birth Defects Among Pregnant Women	Dr. Mohammed Guthigar
23.	2017	Ms. Sonya Sequeira	Peadiatric Nursing	Effectiveness of multisensory intervention with maternal participatory guidance on the health status of preterm neonates at a selected hospital, Mangaluru	Dr. Prakash Saldanha
24.	2017	Ms. Nasreen I	Medical & Psychiatry	“Health Problems and Health Seeking Behaviour of Muslim Women in Dakshina Kannada”	Dr.Mohammed Guthigar
25.	2017	Dr. Mahatme Nupur Shashank	MD Psychiatry	Comparison of parental stress and psychiatric morbidity among mothers of children having psychiatric disorder and those of typically developing children	Dr. Anil Kakunje
26.	2017	Dr. Rohini Dhanya C S	MD Pathology	Role of bcl2 in breast carcinoma – a correlation with hormone receptor status and the histologic prognostic factors in a thrtiary care hospital	Dr. AnuradhaC K Rao
27.	2017	Mrs. Sweety Theresa D’Souza	PBG Nursing	Effectiveness of bensons’s relaxation therapy on post operative pain among mothers delivered by caesarean section in a selected hospital at Mangaluru	Mrs. Janet Prima Miranda
28.	2017	Ms. Sheethal	MPT - Orthopaedics and Sports	Effectiveness Of Hamstring Stretching Using Standing Stretch,Supine Stretch, Pilates(Saw) And Yoga(Janu Sirsasana)In Improving The Flexiblity Of Hamstring Muscle Among Female Students –A Randomised Control Trial	Prof.S.Padmakumar
29.	2017	Kavyashree	MSW	A Study on ‘Knowledge On Child Abuse And Prevention Amongst Mothers In A-rural community of Bantwal Taluk	Dr. Irene Veigas
30.	2017	Sajina. Vv	MSW	A Study To Assess The Effectiveness Of Awareness Programme On Knowledge Of Sexual Abuse And Its Prevention Among Female Adolescents In Selected Rural And Urban High Schools Of Kasaragod District	Dr Irene Veigas

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31.	2018	Ms. Vijayalakshmi	Obstetrics and Gynecological Nursing	Effectiveness of sexual and reproductive health training programme on knowledge and coping strategies of women with mental illness” A mixed method study	Dr. Rajgopal
32.	2018	Ms. Carol Karishma Alphones	Obstetrics and Gynecological Nursing	Effectiveness of planned early ambulation on selected post – operative recovery among caesarean mothers in private Medical College Hospital of Mangaluru	Prof. Janet Prima Miranda
33.	2019	Mrs. Janet Prima Miranda	Obstetrics and Gynecological Nursing	Effectiveness of counselling using Psychodrama on modifiable risks for the prevention of Coronary artery disease (CAD) among Perimenopausal women in a selected community area at Mangaluru	Dr. Prabha Adhikari
34.	2019	Ms. Anagha K	Zoology	Establishment of data independent acquisition mode of mass spectrometry analysis pipeline for the detection of membrane proteins of immune cells in breast cancer patients	Dr. Rohan Shetty,
35.	2019	Ms. Somi Shrivastava	Biotechnology	Stage-specific identification of Biomarkers in Cervical Cancer	Dr. R.C. Koumar,
36.	2020	Ms. Mainaz	MSW	A Study to assess the knowledge and Self-Examination for breast cancer among a selected group of women in Bantwal Taluk, Dakshina Kannada District	Dr. Mohammed Guthigar
37.	2020	Ms. Amisha S. Amin	OBG Nursing	Effectiveness of multifaceted bladder retraining programme on continence and quality of life among parous women with stress urinary incontinence	Dr. Padmapriya S
38.	2020	Ms. Swapna M. Nair	Biochemistry	Epigenetic modulation of PTEN gene in triple negative breast cancer	Dr. Divya Lakshmanan M

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39.	2020	Ms. Neekshitha V. Shetty	MBA (HR)	Quality of work of women employee in service sector	Dr. Shareena P
40.	2020	Ms. Sumayyah Muhammed Qasim Ahmad	Biochemistry & Molecular Biology	Development towards early detection of Cervial cancer	Dr. Shankar Prasad Das
41.	2021	Ms. Shreya Vikranth Kumar	Anatomy	To study efficacy of Asparagus racemosus & Saraca asoca on female rats with PCOS induced by letrozole	Dr. Bindhu S.
42.	2021	Mr. Shubham Sukerndeo Upadhyay	Biotechnology	Proteomic profiling of triple - negative breast cancer using DIA-based proteomics panel	Dr. Rohan Shetty

**ATTESTED**



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